

Date: June 21, 2021

Start Time: 7:00 pm

Location: Ruth Brennan Morrey's Home

Last Meeting: May 18, 2021

Next Meeting: July 19, 2021

Agenda Item	Action/Discussion
Call to Order and Roll Call	<p>Called to Order at: 7:04</p> <p>Present: Dale Pfrimmer, Gwen Jacobson, Ruth Brennan Morrey, Branda Anderson, Rick Fishbune, Mitch Felton, Brian Hunn, Ray Gladkowski, Anne Sill, Kasey Kuker</p> <p>Absent: Cindy Morgan, Chris Koon</p>
Review and Approval of Minutes (Dale)	<p>May Minutes Gwen made a motion to approve the minutes, Dale seconded. Motion approved by all.</p>
Review and Approval of Financials (Gwen)	<p>May Financial Report We received another sponsorship for All Comers. We are in budget for the Saturday morning runs. Anna made a motion to approve, Rick seconded, motion passed.</p>
Team Reports	
Diversity and Inclusion Team (Ruth)	<p>June profile posted</p> <p>We need Runner Profiles! Please find someone to commit to a profile or please fill one out yourself: https://form.jotform.com/202946871577065 Board members shared the people they have asked and will follow up. Ruth suggested that we strive to share the profiles more broadly. Board members agreed to be more intentional about sharing the profiles on their personal FB pages to increase the awareness of the diversity of our club.</p> <p>Update on school running program: Ruth had a great meeting with the principal of Gage Elementary. Gage is excited about re-imagining their running program and partnering with us. Their vision for their running program aligns with ours with goals of character development, mindset, and accessibility to sports. Ruth asked the group if we should start inquiries with Riverside as well. The group was in favor of starting the discussion but being mindful and careful about making sure we have a strong program at Gage before expanding. The Boys and Girls program is still in development but may be shortened as the program coordinators are delayed in getting the program off the ground.</p> <p>To access the handout from the Bystander to Upstander program: https://www.livebinders.com/play/play_shared_binder/2810421?backurl=%2Fshelf%2Ffeatured&play_view=play&utf8=%E2%9C%93 Use PIN: LT21</p> <p>The program at Little Thistle was great! Board members are encouraged attend the other upcoming sessions.</p>

Sponsorship Team (Ray)	<p>All-Comers Track Meet Sponsor Update: Letters went out to sponsors. Sponsors are incredibly faithful, and even more is being given for the All-Comers meets than in previous years. Banners/signs: Ray suggested that we could get sponsors for flags and banners. Fast Signs could get us signs in 3 days which would get us signs in time for the 1-mile race and the next All-Comers meet. We could even promote #RRC at a photo booth. The board agreed that purchasing some nice signs will help with our branding and name recognition.</p>
Covid Preparedness Plan (Gwen)	<p>Please review updated plan Covid 19 Universal Guidelines CDC 5 28 2021 Basically, we need to tell people “Don’t come if you’re sick”, we need to make hand sanitizer available, keep surfaces clean, and we need to have a way to contact people if someone gets Covid.</p>
Saturday Morning Group Runs Team (Gwen)	<p>The fall marathon training session will start on June 26th. Marissa is not available 6/26 and 7/10, Dale will sub on the 26th. Anna will do the 10th. Jean is updating volunteer signup. We start at 7 am in the fall. We will not have a run the morning of HHR, but we will for the other weeks with races (Women’s 4-Mile, Douglas Trail). We discussed the feasibility of a pace group. It feels a bit forced and we are not getting many folks to sign up. What is more important is identifying new runners and connecting with them. We need to continue to be welcoming and friendly. Keep asking about the new people, making sure they feel welcomed and included in the group.</p>
Old Business	
RRC Race/Events	<ul style="list-style-type: none"> • HHR Registration Update from Lin: 2021 - 325 2019 - 280/729 2018 - 329/781 We are unsure what number corresponds to what race. Cindy has full access to the HHR numbers • Hal Martin All Comers’ Track Meets: 6/8/21 – 180 children 6/15/21 – 200+ children. Volunteer SignUp Link https://form.jotform.com/211368201457047 • Rochesterfest 1 Mile race - 31 Registrations • Women’s 4 Mile Race - 13 Registrations • Reggie Oeltjen Douglas Trail 11 Mile Race – 8 Registrations <p>Registrations are coming in slowly, but we will focus on one race at a time. There are always a lot of same day registrations.</p>
Soldiers Field Adopt a Park (Ray & Gwen)	<p>Motion to assign the first Monday of the month @ 5:30 p.m. for Litter pickup at Soldiers Memorial Field and perimeter of golf course fence followed by a social event at Taco Jed’s or Brothers Bar and Grill. Motion was approved by all. Update: Taco Jed’s is closed on Monday’s so social event will be at Brothers Bar & Grill.</p>

New Business

Board Teams/ Volunteer Roles (Dale)	<p>Review list and update members for 2021 RRC Volunteer Roles & Assignments Board Teams</p> <p>Looking at the roles, we need more help on board teams. We discussed the workload of each team. Teams in particular need of more hands are the website team and Social Media Team.</p> <p>Website committee – Gwen, Jean, and Cindy are doing most of it, but it is a lot of work and could use more help. Cindy also does all the HHR website work. Cindy is doing the heavy lifting for our Social Media presence and more assistance would be welcome. Ruth will step in as interim race director for the Spring Classic (Fall into Spring) until a permanent RD is named. The 15 K will be a certified course and will likely be appealing to runners outside of Rochester.</p> <p>We will table Save the Track until the next meeting.</p> <p>Participation on board teams is not limited to board directors, RRC members can be involved so board members should recruit RRC members with skills or passions in the areas we are looking for more assistance in.</p>
Equipment Inventory (Gwen)	<p>Review inventory One clock is not working, John Resman has the clock and will see if it can be repaired. Equipment to be purchased: 23 Finish Line Standards/bases, 20 Safety Vests, 3 collapsible trash bag holders. Two new First Aid Kits have been purchased. We have old RTC bibs available for races for free. We will order RRC bibs for the RRC races. Gwen will proceed with purchasing the items discussed.</p>
Volunteer to run with a runner with Alzheimer's	<p>The RRC has received a request for a companion runner for a 57-year-old male with Alzheimer's, for the Med City Marathon. In the Twin Cities 2019 marathon his time was 5 hours 28 minutes. Pace ranged from 11:47 - 13:50.</p> <p>Gwen made a motion that we recruit a member of the running community and RRC pay their entry fee (we will ask Mark Bongers to donate the entry fee). Ruth also suggested that the family could perhaps switch at relay stops. The motion was amended to support the family in either having them run as a relay or with a local runner. Either way, the board was supportive of having their entry fee paid for by RRC if it is not donated by the marathon. Gwen will get back to the family and provide an update on the options. Branda seconded the motion. Motion passed.</p>
Adjourn	Meeting was adjourned at 9:00 p.m.
Parking Lot / Future Meetings	
Race Director Training	
Save the Track Fundraising	Form team and name a team leader
Medal4Mettle	Home Medals4Mettle Your race medal becomes a message of compassion to a brave patient Dave Copeland suggestion