

Rochester Running Club Board Meeting Minutes

Date: July 19, 2021

Start Time: 7:00 pm

Location: Anna's Home

Last Meeting: June 21, 2021

Next Meeting: August 16, 2021

Agenda Item	Action/Discussion
Call to Order and Roll Call (Dale)	Meeting called to order at 7:04 Present: Dale Pfrimmer, Anne Sill, Branda Anderson, Anna Sanchez, Gwen Jacobson, Rick Fishbune, Kasey Kuker, Brian Hunn, Ruth Brennan Morrey, Cindy Morgan Absent: Ray Gladkowski, Mitch Felton, Chris Coon
Review and Approval of June Minutes (Dale)	Gwen made a motion to approve the minutes, Rick seconded, the minutes were voted approved by all.
Review and Approval of Financials (Gwen)	The financial is good but noted June, July, and August are going to be high expense months. A new expense category has been added for the Kids Run the Nation Program. Kasey made a motion to approve the Financial Report, Dale seconded, Financial Report was approved by all.
Team Reports	
Diversity and Inclusion Committee (Ruth)	 Update on Boys and Girls run club 2 weeks of run camp (grades K-3 and grades 4-5) Running, mindset, and character building will be incorporated into every day. We will be using the RRCA Kids Run the Nation program with modifications. Our program will be insured under our RRCA Insurance. We can use their curriculum and logo. They also have booklets for kids to track their miles. This will also help kids keep track of their mileage in time for the Med City Marathon kids' race. T-shirts will be ordered for the kids with their name and number. If that is too expensive, we will put Team Rochester on the back. Team Morrey will donate the money for the Kids shirts.



	 Gwen made a motion that the RRC pick up the expense for the volunteer shirts. Anne seconded, and Dale also seconded with the understanding that the t-shirts will be less than \$200. There will be 2 staff members from the Boys & Girls Club present plus 6-8 high school student volunteers. Gwen and Ruth will be there each day, with Rick or Mitch subbing for the days Gwen is not available. Next year we can apply for Kids Run the Nation grant money.
Sponsorship Committee (Ray)	 We secured sponsorship from Taco Jed for the HHR. The committee also asked Victoria's and Olde Brick House and are awaiting a response. We will put some time on next month's agenda to go over sponsorship opportunities/plans.
Saturday Morning Run Committee (Gwen)	 We are not getting volunteers this time around. We have done self-service 2 weeks in a row. Marissa cannot fit all 3 water stops in her car. Branda volunteered to take care of the 3rd water stop this Saturday. Branda suggested that an email blast goes out to the membership noting that we are not getting AS volunteers. Ruth suggested that we could drop the AS stuff off the night before to make it easier for the volunteers (find volunteers near their house). For now, we will continue to focus on trying to find volunteers.
Election Committee (Mitch)	 The timeline looks good. We will use the same timeline used as last year. We will stay with a board of 13. Chris reached out and said he was willing to continue to provide ad hoc legal work but is not sure about serving on the board again due to the meeting times. He does a lot of very valuable legal work for the board. We will follow the same process as last year, using email and JotForm. Cindy brought up the single vote versus double vote. The family votes need to vote at the same time because they show up on the same ballot. Suggestion: Include verbiage that both parties need to vote at the same time (give clear instructions for family members).



Old Business	
Equipment Inventory (Gwen) 5 minutes	 John Resman sent an email to the manufacturer about fixing the clock. It will cost \$150 to fix and upgrade plus shipping. Since a new clock costs about \$3000, this would be worth the expense. Cindy clarified that we should set a limit on shipping, say if over \$150. If over \$150, Gwen will bring it back to the board to decide if we should go with just replacing the battery. Gwen made a motion to pay for fixing the clock with the shipping, Dale seconded. Motion passed. We have 28 finish line standards and 30 safety vests so no additional were bought. Gwen bought 2 collapsible aluminum trash bag holders.
Volunteer to run with runner with Alzheimer's disease (Gwen) 5 minutes	• Ray Gladkowski and Matt Roth will run with the runner with Alzheimers. If Mark Bongers doesn't pick up the registration for the guides, the RRC will.
Race Reports	
Hal Martin All-Comers Track Meets (Dale)	 End of the season celebration Solicit donations for cold treats and watermelon. Gwen will solicit donations for the celebration. Kim Norton, Mayor will be doing a ribbon cutting on July 27th track meet at 5:45 p.m. We can give stamp on the hand once they have been though the line. We still have money that can be spent on this event due to sponsorships. There will also be a volunteer appreciation event. There was a suggestion to rename the event. We will table this for now and look into this for 2022. We need volunteers for the final two Tuesdays.
Camp Olson 1-Mile Race	Had to be rescheduled due to the weather. We had 35 runners with 41 registrations. Check for \$650.00 mailed to Camp Olson YMCA. RRC absorbed the PayPal processing fees. There were no expenses, used bibs, pins from shed. RRC donated use of clock for this race.
Women's 4-Mile	46 people completed the race. Race came in close to budget with net loss of \$35.56.



Reggie Oeltjen Douglas Trail 11 Mile Race	More registrations are starting to come in. The permit is secured. The hats are ordered. The course might be certified if there is time to get it done.
Spring into Fall Classic (Ruth)	Ruth met with Randy and Scott. Ryan Anderson is interested in being a co-race director. There are medals in the shed that could be used for the kids races. Cindy also has some extra medals coming for the HHR that could also be used for this event. For swag, they are giving out both compression socks and buffs. There will also be a para-participation in the kids race. There will be bibs available with the RRC logo. Gwen will look to make sure that the registration emails are going to Scott. Scott is going to ask Tiffany if packet pick up can be at TerraLoco.
New Business	
Water stop for Med City Marathon (no point person)	Mark Bongers contacted Lin Gentling to have the RRC provide volunteers for a water stop. The date of the MCM is September 12 th . Mark was asked for more information, but he has not emailed back yet. Can we commit to this? And if so, should we consider canceling the group training run on that Saturday to boost volunteer availability and promote runner participation? Anna will email Mark back again. Also, Anna will offer our spot to other organizations if he has other people interested.
Tabling at TerraLoco (Jean) Information only – taken care of via email	RRC will support this event on August 9 th . So far, participants are Cindy, Kasey, Anne, and Rick. Brian will be there with his Ambassador hat but can double as an RRC rep as well.
Wine Run for 4 Daughters	Sunday, August 15 th there will be a 5K that will raise \$500 for Save the Track. We need more volunteers. We will also need volunteers for a wine run in Decorah.
Electronic Storage Options (all)	Rick and Gwen are going to meet and move the pictures and videos to Google. This will free up storage.
Save the Track Fundraising (no point person)	Every year we need \$3000, but this year we only need \$495 as that was all Park & Rec spent in maintenance last year since the track was new. We will raise \$1000 from the 2 wine run volunteer events. The track is in good shape now, but it won't be forever. We need to think ahead and make sure we have money to pay for new aggregate. This creates the needs for something sustainable for the future. An idea that seems like it will gain traction is an adult track meet. We could make this an annual event so that there is annual income we can count on. We could also bring back the donation box



	for Save the Track and associate it with the cow bell. Cindy will be the team leader along with Ruth and Anne as support. They will find some other team members as well.
August/future meeting dates	The RRC Board meetings were moved to Mondays to prevent overlapping with the All-Comers track meets. We will leave it on Mondays for August and do a Doodle poll to decide in September and beyond.
Banquet/Annual Meeting	Question: Does the 2022 Banquet and annual meeting happen on the same night, or do we consider doing a virtual meeting again with the banquet focused on a social event only? The consensus was to keep everything on the same night. Make the meeting very short and put the focus on the social aspect. We will post the PPT online with members who cannot attend.
Additional Items	Shaun Palmer contacted Cindy about updating the park department's plan. We need community members to participate in a survey for the city's parks department. There will be an opt-in option for people to participate in the survey as well. We should promote and share the survey amongst our membership. Cindy will follow up with an email to Park & Rec expressing our interest. We will also encourage our membership to participate.
Adjourn	Meeting was adjourned at 8:46.