

Rochester Running Club Board Meeting Minutes

Date: July 18th, 2022

Start Time: 7:00 pm

Location: The Purple Goat, inside (day-of change due to extreme heat)

Last Meeting: June 20th, 2022

Next Meeting: August 15th, 2022

Agenda Item	Action/Discussion
Call to Order and Roll Call (Dale)	Called to order at: 7:05 Present: Dale Pfrimmer, Jean Murray, Jill Tacl, Kasey Kuker, Branda Anderson, Rick Fishbune, Anna Sanchez, Mitch Felton, John Soucheray, Ann Noser, Cindy Morgan, Ruth Brennan Morrey Absent: Ray Gladkowski Guests: Brock Quimby
Review and Approval of June Minutes (Dale) 2 minutes	<ul style="list-style-type: none"> Dale made a motion to approve the June minutes, Ann seconded the motion, the minutes were voted approved by all.
Review and Approval of Financials (Jean) 5 minutes	YTD through July 11 HERE includes a financial status for RRC's 2022 events & activities YTD <i>inclusive of prior months</i> HERE Pending \$150 from Terra Loco for STT 7/12 \$5 5K 7/14: \$969.70 is issued to City Of Roch Park & Rec for 2021 STT maintenance Dale made a motion to approve the financials, Rick seconded, the financials were voted approved by all.
Guest Reports	
Welcome, Brock Quimby 15 minutes	<ul style="list-style-type: none"> Brock Quimby joined the board meeting to introduce himself and talk about a formal reporting structure (who does Brock report to?). Another question: How structured should the reporting be? We need to make sure that there are not 13 people directing Brock in different directions. The goals are to grow the races and provide stability in future race direction. Another benefit of a single race director will be that our races are presented as a package – they have the same feel.

	<ul style="list-style-type: none"> • At the last meeting we talked about having the race director committee stay together to provide direction for Brock. This committee could also tweak the job description in collaboration with Brock. Another option would be to have Brock report to the entire board. • Brock's goal is to provide organization to the races so that they are seamless and so that when he is done in this position, that the transition will be smooth. • Brock's preference is to go directly to the board. If it is a financial concern, he can go to the treasurer. • We talked about the benefits of both having a committee for Brock to report to and reporting directly to the board. A third idea brought forward is to have Brock report to one of the members of the executive team. • After much discussion, there is consensus that Brock reporting to the whole board is not realistic. There would be too many people pointing him in different directions. • We circled back to Brock reporting to a member of the executive team. From this discussion Kasey also said she would be willing to be serve in this capacity because she was on the hiring team. Ann was on the hiring committee and is also willing to serve as a liaison to Brock along with Kasey. • Dale made a motion that Dale and Kasey are liaisons to the board for Brock. We will revisit this in 3 months and see how it is working. Rick seconded. Motion passed.
<p>Team Reports</p>	
<p>Diversity and Inclusion Committee (Ruth)</p>	<ul style="list-style-type: none"> • Non-binary category for races: Anna and Brock spoke about adding a non-binary category to membership and to the Grand Prix races. While Brock likes the idea, he is concerned about how much money the additional medals will cost the races, and he stated that his goal is to help the RRC make the races as profitable as possible. Additionally, it is unlikely that there are enough runners who identify as non-binary to claim the medals. While this is a concern, Anna would like to inquire with other running clubs to see how they are handling this issue of unclaimed medals and how they weigh the cost of the extra medals with the benefit of being more inclusive. Anna sent out some emails to other running clubs. So far, Run Minnesota sent back a good resource for becoming a more inclusive running club. John Storkamp of Rocksteady Running is also moving in this direction, but one additional obstacle has been with having a non-binary category with the

	<p>race timing companies. Anna will reach out to the race directors to start a discussion with them about moving in this direction. There will be some stumbles and gaps. The board was supportive.</p> <ul style="list-style-type: none"> • The 2nd Boys and Girls Club camp is occurring the week of July 18th. The 2nd camp was led by Ruth, with Rick assisting along with a few teen assistants. (Note: Gwen was unable to assist in this camp due to a personal emergency). The purpose of the week of camp was to train junior coaches so that they can coach the younger kids (mentorship program). Once Ruth, Gwen, and Rick are with the kids, everything is great. However, communication with the Boys and Girls Club coordinators is not smooth. The junior coaches were not told to come. Communication with the Boys and Girls Club has been challenging.
Sponsorship Committee (John)	<ul style="list-style-type: none"> • The sponsorship committee is looking at ways they can promote our sponsors in different ways. One idea is videos that promote both our races and our sponsors. • We also discussed making sure that the signs get out to all the Grand Prix races. The Shedmeister will have to be sure to hand the signs over to the RD for each race. This got missed with Chester Woods because Team Red has their own equipment. The Women's 4-mile race also did not post the Grand Prix signs.
Save the Track (Cindy and Ruth)	<ul style="list-style-type: none"> • RRC should be receiving \$500 for volunteering at the Four Daughters Wine Run 5k on Saturday July 9th. • Terra Loco \$5 5k on Monday, July 11th had 27 participants and raised \$150 for Save the Track. Was hoping for higher attendance at this event.
Old Business	
Saturday Morning Training Runs	<ul style="list-style-type: none"> • No news. • Not having a regular captain continues to be an issue, and Jean is bearing the stress of this. She stepped up to captain again on 7/9. Please sign up to take a turn at being a captain or volunteer. https://www.signupgenius.com/go/20f0f4aaaa923a3fe3-fall2 • Sean will be able to pick most of these starting in August. • It continues to be hard to get volunteers in the summer, especially when we need so many volunteers for so many things. Rick reported we have over 105 volunteer positions each month in summer.
Race Reports	

<p>Healthy Human Race (Cindy) 5 minutes</p>	<ul style="list-style-type: none"> • The relay busses are canceled. The participants were offered the option to change to a different event free of charge or provide their own transportation. • Port-O-Potties are going to cost more because they need to be picked up on Saturday to make sure that they are not vandalized. • The next meeting is Wednesday (more updates for the August meeting). • We will need coolers for chocolate milk.
<p>All Comers Meets (Dale) 5 minutes</p>	<ul style="list-style-type: none"> • 298 family online registrations representing 563 children as of July 12th have participated in one or more track meets. • Manual signup sheets need to be scanned into Dropbox and numbers tabulated to add to online registrations to determine final 2022 attendance in the track meets. • Rain make-up date will be held on Tuesday, July 26th • We need to know how many bags of chalk we used for the track meets as we will be charged for the chalk we used as part of the Soldiers Field Maintenance costs in 2022. They also use the chalk in the shed for the ballpark so we want to be sure the # of bags we are charged for matches what we used. • There will be a pizza party the Tuesday after the last meet. • The turnout last week was outstanding.
<p>Women's 4-Mile Race</p>	<ul style="list-style-type: none"> • 32 registrations as of July 12th. • Awards and race gifts have been purchased and were within budget. • Racecourse will be out and back on the running trail same as 2021 race event (not twice around Silver Lake as in previous years).
<p>Reggie Oeltjen Douglas Trail 11-Mile Race</p>	<ul style="list-style-type: none"> • 17 registrations as of July 12th • Hats have been purchased within budget • Scheels has donated headbands for awards • Need volunteers and participants
<p>New Business</p>	
<p>Shoes for Youth (Mitch) 10 minutes</p>	<ul style="list-style-type: none"> • Start with the Rochester public high schools (JM, Mayo, Century) girls & boys track/CC teams. • RRC provides 10 TerraLoco shoe vouchers (each voucher would have up to \$150 value, up to \$112.50 cost to RRC). <ul style="list-style-type: none"> ◦ Distribution would be JM=4, Mayo=4, Century=2 ◦ Free & reduced lunch numbers: JM=606, Mayo=551, Century=374 • School resource rooms would manage the vouchers. RRC would get a quarterly bill from TerraLoco. • Collect gently used shoes at HHR on race morning and during packet pickup (Scheels approved).

	<ul style="list-style-type: none"> o Mitch would distribute to high schools similar to the vouchers ● Consider funding sources for 2023? <ul style="list-style-type: none"> o Another idea is a shoe drive – ask for donations of shoes with less than 100 miles or donations of money o Could this fit with the sponsorship committee? This would be appealing for businesses. ● We will see how this round goes and make future plans based on how it goes this time around ● Mitch made a motion that we move forward with this for the cross-country season providing 10 vouchers, Dale seconded the motion, all voted in favor.
<p>Should there be Grand Prix points for the Stewartville Summerfest 3-mile run? (Anna, Jean) 5 minutes</p>	<p>The Stewartville Summerfest 5-mile Grand Prix race was delayed then canceled due to thunderstorms. At 9:15 the 3-mile race was held. The intention of the RD was to cancel the 5-mile race and run the 3-mile race only, but runners were given mixed messages by the volunteers: 1) the 5-mile and 3-mile races are being combined into the 3-mile and 2) the 5-mile race was canceled and that only the 3-mile race will be held.</p> <p>The granting of Grand Prix points based on weather circumstances has been handled on a case-by-case basis. In 2006, the Douglas Trail race was shortened to 8 miles due to heat and all runners were awarded GP points per placing. In 2019, the Women’s 4-Mile race was canceled in the middle of the race, no participants were granted points or GP participation credit. The last time the Fetzer was offered, the 20K was canceled and the 20K runners who did the 2-mile race were not offered GP points. Most recently for the Med City Marathon, a marathoner was diverted to the finish and told she had to be done, so she was awarded GP participation credit but not GP points.</p> <p>For this situation, there were 9 members in 7 families who preregistered for 5-mile but didn’t run. There may be a few others in the walk-up 5-mile registrations that didn’t run. There are 35 members in 28 families who pre-registered for 5M and ran the 3M. There was an additional 6 members in 5 families that were walk-up 5M runners in the 3M. The majority of the runners who planned to run the 5-mile stayed and ran the 3-mile.</p> <p>Making a fair and unified call on how the Summerfest run should be handled is important to the integrity of the GP program and for setting precedent for how future weather issues will be handled.</p>

	<p>Should the runners who registered for the 5-mile race but ran the 3-mile race</p> <ul style="list-style-type: none"> • receive GP points? • GP participation credit only? • or no GP points or participation? <p>What about the runners who checked in but did not run – should they receive participation credit?</p> <p>There were over 30 people who ran. John made a motion to have the 3-mile race count as Grand Prix points and those who arrived to run but went home would have participation credit only. Branda seconded. The vote passed with a majority.</p>
<p>Promoting races on dates that conflict with RRC races (Ann) 5 minutes</p>	<p>Ann was seeking clarity for what should be promoted on Facebook. There is a JotForm for race directors to fill out.</p>
<p>Additional Agenda Items</p>	
<p>Litter Pick Up (reminder only)</p>	<ul style="list-style-type: none"> • Reminder, we have litter pick-ups at Soldier’s Field the first Monday of the month in good weather. • https://www.signupgenius.com/go/20f0f4aaaa923a3fe3-adopt • Ray Gladkowski has been spearheading this. • The board discussed the amount of volunteer time being asked of our members. • The Adopt a Park agreement states: “The volunteer(s) or volunteer group agrees to be responsible for the following: 1. Providing and supervision of individuals to maintain a designated project area, said maintenance to include cleaning up the area at least twice per month from the beginning of April until the end of October.”
<p>Parking Lot</p>	
<p>Marathon/Half Marathon Training Class</p>	
<p>Reconsidering RRC Awards (Jean)</p>	<p>Dale, Jean, Jill, Anna will get together and put together a proposal for next month.</p>
<p>Shed orientation</p>	<p>Be sure to have an orientation in 2023 for new board members</p>