



Rochester Running Club Board Meeting Minutes

Date: August 15th, 2022

Start Time: 7:00 pm

Location: LTS (outside)

Last Meeting: July 18th, 2022

Next Meeting: September 19th, 2022

Agenda Item	Action/Discussion
Call to Order and Roll Call (Dale)	Called to order at 7:05 p.m. Present: Ann Noser, Branda Anderson, Dale Pfrimmer, Ray Gladkowski, John Soucheray, Anna Sanchez, Jean Murray, Kasey Kuker, Cindy Morgan Absent: Jill Tacl, Rick Fishbune, Mitch Felton, Ruth Brennan Morrey
Review and Approval of July Minutes (Dale)	<ul style="list-style-type: none">Dale made a motion to approve the minutes as submitted. Branda seconded. Minutes were approved by all.
Review and Approval of Financials (Jean)	Aug. 10 ^m Treasurer Report HERE Copy of 2022 Treasurer Reports XLS HERE Updated numbers: All Comers netted +\$278 from donations less expenses. We will spend the money on other expenses such as a new banner. The Women's race netted \$265.89 HHR net about \$1200 so far. Douglas Trail netted \$685.30 The equipment issues are fixed. No invoices for cross country shoes have come in yet. We could get a patch to update the inflatable finish line to say Rochester Running Club. It is also covered with duct tape. It looks rough and dirty. We will look into cleaning it up. A brand new one is about \$3000. We are trying to give Rick view only access to Pay Pal, but unfortunately, he cannot see the balance. Dale made a motion to approve the financial report. Ann seconded it. The treasurer's report was approved by all.
Guest Reports	
Team Reports	

Minutes Prepared By: Anna Sanchez, Secretary

<p>Diversity and Inclusion Committee (Ruth)</p>	<ul style="list-style-type: none"> Boys and Girls Club – 2nd Camp ended well after a rough start due to lack of communication within the Boys & Girls Club and notifying the Teen Assistant Coaches. The kids that participated in the camp really enjoyed the last day, “the Olympics”, where they tried to obtain a new personal best. Anna has not reached out to race directors yet about adding a non-binary category.
<p>Sponsorship Committee (Ray)</p>	<ul style="list-style-type: none"> Thinking about next year already. The Grand Prix vs RRC vs All Comers sponsorship schemes is too complicated and confusing to explain to sponsors. It feels like we are going back multiple times for donations when it looks like the same thing in sponsors’ eyes. 2023 Sponsorship will be for the RRC in general. The sponsorship committee is looking at ways to obtain more 3-year sponsorship commitments. Between the RD and the Shedmeister, they will take care of the sponsorship signs next year. We will add an update to the agenda for next month for changes to how the sponsorships are requested.
<p>Old Business</p>	
<p>Saturday Morning Training Runs (Rick, Jean, all)</p>	<ul style="list-style-type: none"> Sean can help 1 more week but then we need to find more volunteers. It is time to start thinking about next year. Jean sent an email to the JM track coach to see if they had any interested kids in the captain position. The captain position is still posted on Craig’s List. We have raised the pay and lowered the number of weeks required. This continues to be a difficult position to fill. Our next priority is filling September. We need to finish out this season. Ann brought up the idea of posting on Indeed to fill the position.
<p>Race Reports</p>	
<p>Healthy Human Race (Cindy)</p>	<p>Registrations are going well. Strong registrations in the past 2 weeks. We are approaching 400 registrations so we might hit 500 registrations. We now have 2 golf carts from Soldiers Field for the med team, but we will rent 1 for Mark Bongers. We need a few more pins for age group awards. Final details are going into place. For the relay, there will be a note in the relay packet that the bus is</p>

	<p>cancelled. There have been very few people who have pushed back. The committee meets again tomorrow, but if they decide to call relay teams, there are a few volunteers from the board to assist with calling.</p>
<p>All Comers Meets (Dale)</p>	<p>Pizza party was held at Pasquale's for the volunteers. A gift card, bottle of champagne and a personalized RTC Jacket were presented to Jerry in recognition of 40 years of being the All-Comers' starter.</p> <p>Total # of children who participated in one or more meets was 879 children. There was good attendance at each of the six meets. June 28th meet was canceled due to weather, but a makeup meet was held on July 26th for a total of 6 Tuesday night meets. Dale would like to purchase a new banner for next year.</p>
<p>Women's 4-Mile Race (agenda notation only)</p>	<p>There were 57 finishers for the Women's 4-mile race. Lin wrote a heartfelt thank you note to the runners and volunteers for their participation. The race made a profit of \$265.89.</p>
<p>Reggie Oeltjen Douglas Trail 11-Mile Race</p>	<p>64 Online Registrations, 10 race day registrations. We had 10 no shows. Weather was cloudy, 79 degrees at race start with 93% humidity. 64 runners started and finished the race with no medical incidents. Steps were taken to make sure there was adequate ice on the course and cold water was provided to the runners immediately upon finishing. Watermelon was also put on ice. Trader Joe's donated bananas and strawberry cereal bars. HyVee donated 72 bags of Old Dutch Potato Chips and Scheels donated the 4 headbands for the awards. Thank-you notes were delivered to the sponsors. Natalie Droessler (Reggie's daughter) ran the race for her 5th consecutive year. Her 16-year-old son Brett (Reggie's grandson) ran this year and finished the longest distance race he had ever ran. We had a runner from Hong Kong in the US for the summer and a runner from NY visiting as well as several runners from WI. Volunteers stepped up during the last week before the race and we had good volunteer support for the race. Race Income was higher than budgeted and expenses were less than budgeted. Race Profit of \$662.30, more than double what was projected. Sonja Kranz, Co-Race Director for the past 7 years, resigned in January 2022. Gwen Jacobson (Co-Race Director for 7 years, Race Director for 2022) has turned this race over to Brock Quimby, Race Director and will support the race director as needed in 2023.</p>
<p>New Business</p>	

RRC Awards

Please review the current criteria for Runner of the Year and the Dwight Pierson Award and Outstanding Service Awards available on the website: <http://rochesterrunningclub.org/about/>

Proposed changes to the Annual Awards:

Runner of the Year (ROY):

- It is not stated in the current criteria if ROY needs to be an RRC member or not. The workgroup would like to make it explicit that the ROY does not need to be a RRC member but should be a member of the Rochester-area community.
- We will continue to offer a jacket of the ROY's choice from Superior Screeners, but we will provide Superior Screeners with a budget for the jacket (budget amount TBD but it would be the average of the past few years, roughly \$165 for both the jacket and personalization). We will ask Superior Screeners to provide guidance if the winner hits the budget limit.
- In the case of a tie ROY vote from the RRC Board of Directors, ROY can be awarded to 2 runners.
- The workgroup would like to remove the criteria "must be separated by 3 or more years."
- The board would like to keep the criteria to make the award once every 3 years.

Service Awards (Dwight Pierson and Outstanding Service)

- Past winners will no longer be expected to choose the next year's winners. The Board (or a workgroup from the Board) can do this using data from Sign-Up Genius and board knowledge of significant service contributions. Race directors will also be invited to provide insight for volunteers who have provided significant service.
- Rather than ordering trophies for service winners, we will let service winners choose RRC merchandise from the RRC Storefront or give them a gift card valued up to \$100.

New Award: The Resiliency Award

- This new award will go to a runner who inspires the local running community for admirable persistence or coming back from an injury. This award might go to someone who is a middle-of-the-pack runner who consistently shows up with a smile and positive attitude or a runner who has returned to running following an injury.
- Nominations for the Resiliency Award will be requested with nominations for ROY from the running community. The winner will be voted upon by the Board.

	<ul style="list-style-type: none"> • RRC Membership is preferred but not a requirement. It is understandable if the membership lapsed during a time of injury. • In the case of a tie Resiliency vote from the RRC Board, the Resiliency Award can be awarded to 2 runners. • The Resiliency winner can choose RRC merchandise from the RRC Storefront or a gift card valued up to \$100. <p>Dale brought up the concern of meaningful recognition. All winners will be given the choice of a gift card or physical award. At the awards banquet we can present them with a choice of gift cards or physical award.</p> <p>Otherwise, all suggested changes/clarifications by the awards workgroup were accepted by the board with the exception of wanting to keep the criteria for ROY being eligible only once every three years.</p>
Annual Banquet	<p>Workgroup needed... Historically, the work has involved getting a venue, planning the event, ordering the awards, and planning the annual meeting. This becomes a heavy lift for a few people in a short amount of time. To distribute the work, we formed a few smaller workgroups. We could use a few more people on each workgroup.</p> <p>Date: TBD</p> <p>Banquet: John (Branda and Kasey volunteered 8/16 via email)</p> <p>Meeting: Dale (Gwen volunteered 8/16 via email to help with slide show)</p> <p>Speaker: Ray (Ruth volunteered 8/17 via email)</p> <p>Awards: Rick, Jean, Anna, Jill</p>
Renewing the Soldier's Field Park Litter Pick Up	<p>The city expects a twice-monthly litter pick up for the park. We have been doing this monthly. We decided to let this commitment go with the twice monthly commitment. Our commitment in March of 2022 was not renewed, so we are not compelled to do this any longer. However, we will finish the fall season through October with once-monthly litter pick up as indicated on our Sign-Up Genius.</p>
Resignation from Cindy Morgan, VP	<p>Cindy would like to submit her resignation to the RRC board after August 27th. Cindy, thank you for your service to the running community!</p>
Additional Agenda Items	

Litter Pick Up (reminder only)	<ul style="list-style-type: none"> ● Reminder, we have litter pick-ups at Soldier's Field the first Monday of the month in good weather. ● https://www.signupgenius.com/go/20f0f4aaaa923a3fe3-adop
Shed	<ul style="list-style-type: none"> ● Ann brought up shed orientation. Next month we will meet at the shed to do a quick orientation and then we will go to a restaurant nearby.
Parking Lot	
Marathon/Half Marathon Training Class	
Shed orientation	Be sure to have an orientation in 2023 for new members