

David Fochs



- ▶ I have run over 10 half marathons and 2 full marathons. I have also run over a dozen Ragnar relays and have been a captain of more than half of them, including running WI, TN, Canada, Germany, and MN. I love to run and the community around racing and team events.
- ▶ I am a CPA of 10+ years and have an extensive tax and accounting background as well as being the team captain for many Ragnar Relays.
- ▶ I would love to be involved in Races/Events. I haven't ever been on a board or committee for a race but have run many and would love to start to give back and be a committed member of the Rochester Community. My wife and I have been here three years now and look forward to becoming more involved and getting to know the running community better. John Soucheray has been a great friend and encouraged me to apply and be more active and involved and I am excited for the opportunity.
- ▶ Honestly, whatever I can do to be more involved and assist with races. I want to learn everything I can and am willing and able to assist in any aspect. If we need assistance with accounting or taxes, I am happy to be a resource.

Camila Hallemeier



- ▶ I have been running casually and racing *for fun* for about 10 years now. My husband and I started running together, as an alternative to going out to eat and drink after we were married a few years ago. A couple of blocks turned into some 5Ks, which turned into some 10Ks, half marathons, 4 (almost 5) marathons and one 50K! As someone who never considered herself an athlete, setting new running goals and crossing new finish lines has been extremely empowering.
- ▶ I have a background in marketing and a little non-profit fundraising experience. I'd love to put my experience into practice for the RRC to help increase awareness for the club for our races, and to boost our membership.
- ▶ With my background, I am inclined to want to help with website, social media, and promotions. But I am also happy to fill in gaps and where the needs are. I have a special interest in helping with the All-Comers' Track Meets as my own kiddos have come to love and look forward to this summer Tuesday's tradition!
- ▶ I think the RRC can seem intimidating to newer runners or folks who are not super speedy. I would like to help boost membership for any/all runners who might not know anyone in the club, and/or who might not be very competitive. I would love to spend a little extra effort getting to know new members, asking them for feedback, and making sure we go above and beyond to be inclusive. I also have an interest in finding ways the RRC and its members can give back to our community, ideally in a way that aligns with running.
- ▶ My highest hope is to help spread the joy of running and sense of empowerment it brings, no matter someone's experience!

Toby Hatlevig



- ▶ Active runner. Coached cross county and track at three different NCAA institutions from 1997-2009. Participation in Team Ford and Northwoods Running Club. Huge track/running nerd.
- ▶ Small business owner with a flexible schedule. My job requires being active in the community. I have hosted many large track meets and races in the past. Understand event insurance risks with hosting events.
- ▶ Getting younger runners involved with giving back to the sport. My passion lies within coaching and mentoring young runners on their journey throughout the lifelong sport.
- ▶ Increasing the youth movement.

Kasey Kuker



- ▶ My running addiction started in 2011, while crossing the finish line of my first marathon, Big Sur. I became a member of the 50 States Marathon Club in 2012, and the 50sub4 Club in 2016. So far, I have run 60 marathons (including North Carolina on 11/13/2022), and I will finish my 50 states sub-4:00 journey in Alaska in June 2023. I've finished 4 of the six World Marathon Majors, with Tokyo up next in March 2023 I set a new PR at Boston 2022, and I'm grateful for the opportunity to run it for my 7th time in April 2023. I love pacing, and I've paced numerous half marathons since 2015, with three pacing organizations. Simply stated, I love Running.
- ▶ I've served as an RRC Board Director for the last two years, and I'd love the opportunity to be re-elected! As a board member I have learned a lot about the club as well as the Rochester Community. I'd like to stay on the board and help make decisions and positive changes.
- ▶ I'd like to stay on the following teams: Race Director, Diversity & Inclusion, Sponsorship, and Annual Banquet. I'm also willing to help the other teams.
- ▶ If an opportunity arises that's within my wheelhouse, I'd love to spearhead it!

Dale Pfrimmer



- ▶ I've run 23 marathons in 11 different states. I am halfway to completing the World Majors, 3 down (Boston, New York & Chicago) with three left to go (London, Berlin, Tokyo). I love running and it has been a great sport for my entire family.
- ▶ Current Board President and Race Director for the All-Comers' Track Meets.
- ▶ Continue as Race Director for the All-Comers' Track Meets and continue to make the RRC as diverse/inclusive and welcoming as possible.
- ▶ Continue to develop strategic partnerships and build up current races and events.

Anna Sanchez



- ▶ I love running, especially with friends! I really got into running in my late 30's when I found a group of friends to keep me focused and ran my first marathon. Getting to run with them was the best social outlet. As I got into marathoning, I became more confident and better at setting goals in all aspects of my life. I learned how to take seemingly impossible goals, break them into small manageable pieces, and take each piece just one at a time. I have done 25 marathons (4 Boston's, 4 50K's and 1 50-mile trail race). I am excited to run the NYC marathon this November. I have been a member of RRC since 2013.
- ▶ I have been on the RRC Board for the past 3 years and have served as Secretary for the past two years. I have strong verbal and written communication skills. I have a can-do attitude, and I dive-in to help bring RRC goals to fruition.
- ▶ I am the RRC Membership Coordinator, and I am also a member of the Diversity & Inclusion Team. Using my perspective from these two roles on the board, I am helping with the effort to start a non-binary category for RRC membership. I am also working with Grand Prix race directors to help facilitate this change. I would love one more term on the board to help with this transition to make RRC even more inclusive to runners.
- ▶ As mentioned above, I'm excited about adding a non-binary category to our membership. I love to be involved in any effort that makes running more inclusive and brings the joy of running to more members of our community.

Jessie Wilburn



- ▶ I have been running since I was 10. In high school I ran cross country. I ran my first half marathon and marathons in college and transitioned shortly after graduating to ultra marathons and trails. Running has been at the core of my life in each of the communities I have lived in as an adult and has given me my closest friends and community to which I belong. I have unfortunately had a lingering injury over the past year that has significantly limited my running, but I look forward to finding ways to continue to stay connected with the running community.
- ▶ I spent 6 years volunteering with and helping to run multiple races during my time living in Colorado for a local race organization called Gnar Runners. This experience including organizing volunteers for aid stations, performing race prep and breakdown, and helping to scout routes to create new races.
- ▶ In addition to my running-centric experience, I bring skills that include competency and comfort with technology and Excel, adeptness on social media and organizational skills.
- ▶ I'd be interested in working on the Social Media pages and with races/events. I love being involved behind the scenes of events and bring experience on organizing and coordination volunteers and organizing logistics to facilitate successful races and events. I also feel there would be plenty of opportunities to expand the utilization of social media for the RRC to highlight runners in our community, promote the RRC as an organization, and foster further interest and participation in RRC sponsored training runs and Grand Prix events.
- ▶ My partner and I have been spearheading a track group on Tuesday mornings starting this summer that I would potentially be interested in expanding and considering bringing under the RRC header if there was interest from the group. I also think there would be a benefit from increasing the number of non-race social run opportunities to foster increased community within the group as well as a way to welcome and include newer runners who are not interested in racing into the community.

Kim Zabel



- ▶ Eighth grade track team started it all for me, although I took a large hiatus during college and beyond to pursue other activities. I returned to running about 10 years ago as I was seeking a more active lifestyle, and I became more serious about running as time progressed.
- ▶ I am an excellent writer. In my past life before running I worked as a columnist for the Post-Bulletin and for Rochester Women Magazine. I love to write other people's stories.
- ▶ Social Media and Promotions. I'd love to be involved in more Races/Events, but as a store manager at Terra Loco, I am concerned I wouldn't have the time to fully commit to that team opportunity as much as I would like. I work most Saturday's during the times when most races take place.
- ▶ I am interested in growing the Running Club to include more people who are just getting started in running or who might not want to run longer distances, or who might not run at a faster pace.