



Rochester Running Club Board Meeting Minutes

Date: December 19th, 2022

Start Time: 7:00 pm

Location: Forager (front café part) and Zoom (last minute change at 6 pm due to snow)

Last Meeting: November 21st, 2022

Next Meeting: January 16th, 2023

Call to Order and Roll Call (Dale) 2 minutes	Called to order at: 7:05 Present: Jean Murray, Dale Pfrimmer, Rick Fishbune, Kasey Kuker, John Soucheray, Jill Tacl, Anna Sanchez, Ann Noser, Branda Anderson Absent: Ruth Brennan Morrey, Ray Gladkowski, Mitch Felton Guest: Tom O'Leary
Review and Approval of Minutes (Dale) 2 minutes	November minutes Branda made a motion to approve the minutes, Jill seconded, minutes voted approved by all.
Review and Approval of Financials (Jean) 5 minutes	December Financial Report HERE Discuss/decide CD Ladder Discuss/decide comp'd banquet meals FYI Smart HR fees Smart HR is charging us a lot of money in fees. If Brock would want to convert to be a contractor instead of an employee, that would be worth a discussion. Jean shared CD rates with the group. The board was in favor of putting money into CDs. Jean will work on this. Branda made a motion to approve the financials, Rick seconded, all voted in favor.
Guest Reports	
RD Report	
Brock Quimby, RD	My biggest ask is for anyone and everyone to help promote Polar Bear Prediction 5k race. We'll start an online ad campaign next week to drum up more participants, however given the type of race, we'll limit participation to 100. The first 90 will get a neon yellow fleece beanie.

Minutes By: Anna Sanchez, Secretary

	<p>Also, Scheels is in again for the HHR at \$4,000.</p> <p>In final, I'm going to help resurrect the race formerly known as the Gobble Wobble next Thanksgiving. It was a massive benefit for the Salvation Army, so I feel like we've gotta help them get it back.</p> <p>Jean sent out a reminder for the Polar Bear prediction run. Tom talked about the frustration that is felt at the Polar Bear finish line with the people lining up. Tom and Brock have a plan to eliminate the line at the finish this year.</p>
<p>Team Reports</p>	
<p>Diversity and Inclusion Committee (Ruth) 5 minutes</p>	<p>Diversity committee should meet in person after the holiday to discuss the nonbinary category in more depth. The complicated and sensitive issue requires further thought and discussion. Anna is meeting with Evin from the Med City Marathon tomorrow to discuss this with him.</p> <p>Tom was present for the meeting and shared a concern about awards not getting claimed. This will be something that the RRC board will need to work out with RDs.</p>
<p>Sponsorship Committee (Ray) 5 minutes</p>	<p>How do we build a longer term commitment from the sponsors? This would be a good conversation to involve Brock in.</p>
<p>Old Business</p>	
<p>Saturday Morning Training Runs 5 minutes</p>	<ul style="list-style-type: none"> • Terra Loco Vs Terra Loco/ Forager: There has been a request to split the routes between TerraLoco and Forager. However, for the spring session, it will be too complicated to have 2 different places for a starting place. The trails are plowed near TerraLoco. • Terra Loco route loops map status - Kasey will check with Mike Schmitt and Kyle Sevitts to see if they have loops in mind.
<p>Banquet (all) 15 minutes</p>	<p>Date: January 21st Workgroups:</p>

	<p>Banquet: John, Branda, Kasey Meeting: Dale, Gwen Review Slide Show determine presenters for each topic Draft Agenda Speaker: Ray and Ruth Awards: Rick, Jill, Jean, Anna We have 29 RSVPs for the banquet. We have several race entries from RRC and non-RRC races. For award winners, we are going to let the winners pick their prize. Jean showed the prize options to the Board. The Board is OK with attributing the Grand Prix sponsors' meals to the Grand Prix budget. Steve DeBoer's meal will also be budgeted under Grand Prix expenses. The Board is OK with comping Brock's meal under Banquet expenses. The Banquet agenda looked good. Updates can be made offline.</p>
<p>Race Reports</p>	
<p>August 2023 - Douglas Trail Race and Oxbow Trail Race</p>	<p>Tom presented the dual event for the Douglas trail race and the Oxbow trail race. He and Brock met, and they suggested a naming contest. The Douglas "trail" is not what most trail runners consider a trail, which is what makes the dual races hard to consider a trail. The Board agreed to give a free race to the Douglas Trail race.</p>
<p>Tour de Essex</p>	<ul style="list-style-type: none"> • Participation was good this year with 54 participants finishing the race. Hot Cider Hustle was held same day, and this may have drawn some runners from this race. Consider changing date in 2023 so not on same date as Hot Cider Hustle if that race is held again in 2023.
<p>Spirit Run</p>	<ul style="list-style-type: none"> • Final Grand Prix Race of 2022. Good participation by RRC membership. 5k had 47 participants and the 10k (Grand Prix event) had 33 participants.
<p>New Business</p>	
<p>Voting for Awards</p>	<p>ROY criteria Resiliency criteria ROY nominees pdf Resiliency nominees pdf</p>

	The board discussed the nominees and voted.
Additional Agenda Items	
Grandmas Run Club Experience	<ul style="list-style-type: none"> • RRC has 14 members signed so we have met the minimum of 10 required for participation. • Continue to promote. If an RRC member has signed up for Grandmas Marathon and did not use the code, they can still get into the run club experience by contacting Gwen Jacobson. • Lindsay has agreed to be the RRC representative in Duluth on race weekend.
Parking Lot	
Shed orientation	Be sure to have an orientation in 2023 for new members