

Rochester Women's Race 4 Mile  
 July 22, 2023  
 Rochester, Minnesota

OVERALL RESULTS

Place	Name	Age	S	City	St	Time	Pace
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1	Leah Speltz	30	F	Rochester	MN	24:52	6:13
2	Shannon Rupp	28	F	Rochester	MN	25:54	6:29
3	Briana Dibble	35	F	Rochester	MN	26:59	6:45
4	Ann Moyer	43	F	Rochester	MN	28:44	7:11
5	Liz Lees	33	F	Rochester	MN	28:57	7:15
6	Audra Quandt	53	F	Rochester	MN	29:21	7:21
7	Anna Sanchez	48	F	Rochester	MN	29:25	7:22
8	Angie Murad	52	F	Rochester	MN	29:28	7:22
9	Ann Ciesla	25	F	Rochester	MN	29:44	7:26
10	Meaghan Lieburn	41	F	Rochester	MN	29:49	7:28
11	Sarah Harper	39	F	Rochester	MN	30:54	7:44
12	Teresa Alrick	48	F	Kasson	MN	31:02	7:46
13	Katherine OGrady	40	F	Rochester	MN	31:15	7:49
14	Mallory Koller	25	F	Rochester	MN	31:24	7:51
15	Katherine Anderson	36	F	Rochester	MN	31:34	7:54
16	Camila Villavicencio	30	F	Rochester	MN	32:18	8:05
17	Dawn Miller	54	F	Rochester	MN	32:32	8:08
18	Mika Takahashi	30	F	Rochester	MN	33:10	8:18
19	Deb Thomford	65	F	Rochester	MN	33:29	8:23
20	Lorelei Hanson	63	F	Oronoco	MN	33:35	8:24
21	Mandi Breshears	29	F	Rochester	MN	33:49	8:28
22	Andrea Johnson	39	F	Rochester	MN	33:58	8:30
23	Lindsay Young	40	F	Rochester	MN	34:03	8:31
24	Erin Sinnwell	43	F	Rochester	MN	35:13	8:49
25	Jackie Stevermer	58	F	Oronoco	MN	35:52	8:58
26	Tracy Malm	52	F	Rochester	MN	36:13	9:04
27	Stefanie Cavalcanti	35	F	Rochester	MN	36:26	9:07
28	Bethany Ward	25	F	Rochester	MN	37:48	9:27
29	Peggy Menzel	70	F	Rochester	MN	38:13	9:34
30	Karla Kotek	48	F	New Prague	MN	38:17	9:35
31	Laura Brady	28	F	Rochester	MN	39:38	9:55
32	Teresa Fox	51	F	Rochester	MN	39:48	9:57
33	Anne Femister	79	F	Winona	MN	40:05	10:02
34	Diane Mann	71	F	Zumbrota	MN	40:17	10:05
35	Kaylee Arndt	24	F	Rochester	MN	40:31	10:08
36	Emily Buss	23	F	Rochester	MN	41:02	10:16
37	Brooke Hilger	27	F	Rochester	MN	41:04	10:16
38	Erica Bell	33	F	Rochester	MN	41:46	10:27
39	Diane Hammel	69	F	Stewartville	MN	41:48	10:27
40	Theresa Ellis	49	F	River Falls	WI	42:37	10:40
41	Susan Schultz	61	F	Rochester	MN	42:57	10:45

42 Kayleigh Kammel	9 F Byron	MN	43:36	10:54
43 Brianna Kammel	33 F Byron	MN	43:38	10:55
44 Jennifer Campbell	43 F Rochester	MN	44:19	11:05
45 Angela Gensmer	43 F Spring Valley	MN	44:20	11:05
46 Cathy Torgerson	65 F Rochester	MN	45:35	11:24
47 Carin Anderson	42 F Roberts	WI	46:41	11:41
48 Paula Pendergast	69 F Rochester	MN	46:45	11:42
49 Sandra Dalquist	82 F Rochester	MN	47:15	11:49
50 Lin Gentling	71 F Rochester	MN	50:39	12:40
51 Megan Weckwerth	37 F Pine Island	MN	51:14	12:49
52 Ann Herman	35 F Pine Island	MN	51:15	12:49
53 Teresa Schneider	71 F Minneapolis	MN	51:57	13:00
54 Anne Shea	45 F Rochester	MN	52:00	13:00
55 Abby Lohr	38 F Rochester	MN	52:00	13:00
56 Carol Prescher	83 F Wabasha	MN	1:05:11	16:18
57 Marina Keppler	66 F Rochester	MN	1:05:13	16:19