

'88 ROCHESTER GRAND PRIX

The 5th season of the Rochester Grand Prix came to a close on September 16th, with the running of the Mayo Open 5K. The series was made up of seven RTC events, with distances ranging from 1 mile up to the half marathon.

The first race was April's Mayowood 20K, followed by May's Spring Run 15K, the All Comer's Mile in June, Razz' Race 10K in July, the Lionhearted Seven and Giuseppe's Half Marathon, both in August, then winding up with the Mayo Open.

Points were awarded to runners in each race based on their age group finish, with 10 points awarded for 1st, 9 for 2nd, and so forth. Runners had to complete a minimum of three races to be eligible for an award, with awards going to the top 10% of all runners in each age group over

the course of the season. The top five performances were added to determine a runner's final point total.

A total of twenty-four RTC'ers earned awards. This year's age group winners were Gwen Sibbers, Jim Parry, Todd Beetcher, Sabrena Resman, Brad Kautz, Carmel Vrabel, Doc Craddock, Mary Beaver and Al Shufelt. Gwen, Jim and Brad were repeat winners from last year, while Todd, Carmel and Al won their respective divisions in 1986.

Awards will be presented at the 1989 annual banquet.

The Rochester Grand Prix has been made possible through the continued sponsorship of Dr. Steven Fetzer and the Northgate Chiropractic Office. Thanks also to Pauline Powis for administering this year's Grand Prix.

19 and under male

- 1 Jim Parry
- 2 Troy Sibbers
- 3 Nicholas Haas

20 - 29 male

- 1 Todd Beetcher
- 2 Dave Nelson
- 3 Lyle Grossbach
- 4 Erik Virchow

30 - 39 male

- 1 Brad Kautz
- 2 Steve DeBoer
- 3 Jim Hannon
- 4 Bob Paradis
- 5 Jack Coffey

40 - 49 male

- 1 Doc Craddock
- 2 Richard Bhend
- 3 Garth Powis
- 4 Pete Huffman

19 and under female

- 1 Gwen Sibbers

20 - 29 female

none

30 - 39 female

- 1 Sabrena Resman
- 2 Patty Shatek

40 - 49 female

- 1 Carmel Vrabel

50 and over female

- 1 Mary Beaver

50 and over male

- 1 Al Shufelt
- 2 Keith Beaver
- 3 Jim Donadio

1988 ROCHESTER GRAND PRIX - TOP FINISHERS

	1	2	3	4	5	6	7	Total
19 and under male								
Jim Parry	x	x	10	9	10	10	x	39
Mike Maciukenas	x	10	x	10	x	x	x	20
Troy Sibbers	x	x	6	x	5	6	x	17
Todd McCallum	x	x	x	8	9	x	x	17
Nicholas Haas	x	x	4	3	8	x	x	15
Todd Osmunson	x	x	x	1	7	x	x	8
20 - 29 male								
Todd Beetcher	x	10	10	10	10	10	x	50
Dave Nelson	2	8	9	6	9	5	10	42
Lyle Grosbach	x	5	8	3	7	4	9	33
Erik Virchow	10	9	x	5	8	x	x	32
Dave Keaton	7	7	x	x	x	x	x	14
Gary Larson	x	3	5	x	4	x	x	12
Frank Campbell	4	x	x	x	x	6	x	10
Brad Wobig	x	x	6	4	x	x	x	10
Mark Franco	3	x	x	2	x	x	x	5
Bob Combs	x	2	x	x	3	x	x	5
30 - 39 male								
Brad Kautz	6	10	8	8	10	10	9	47
Steve DeBoer	x	9	7	6	9	9	8	42
Jim Hannon	9	x	x	7	8	x	10	34
Bob Paradis	x	x	9	5	x	6	6	26
Jack Coffey	x	6	6	2	2	1	4	20
40 - 49 male								
Doc Craddock	1	8	10	8	8	3	x	37
Richard Bhend	x	4	9	7	7	x	9	36
Garth Powis	x	7	x	10	9	6	x	32
Pete Huffman	x	9	x	x	10	7	x	26
John Trolander	x	x	x	x	6	x	10	10
Ray Vrabel	x	6	x	6	x	x	x	12
Bob Beetcher	2	5	x	x	4	x	x	11
Marshall Briggs	5	x	x	x	5	x	x	10
Tom Glaser	x	x	x	4	3	x	x	7
50 and over male								
Al Shufelt	9	10	x	9	10	8	x	46
Keith Beaver	x	6	9	5	6	1	10	36
Jim Donadio	x	7	x	6	8	x	x	21
Tom Steichen	x	x	10	10	x	x	x	20
Bill Loftus	5	8	x	x	x	3	x	16

1988 ROCHESTER GRAND PRIX - TOP FINISHERS

	1	2	3	4	5	6	7	Total
19 and under female								
Gwen Sibbers	x	x	10	10	10	10	x	40
Lori Sibbers	x	x	8	7	9	x	x	24
20 - 29 female								
Julie Eyrich	x	10	x	9	x	x	x	19
30 - 39 female								
Sabrena Resman	x	10	10	10	x	9	10	49
Patty Shatek	x	9	x	7	9	x	x	25
Jane Moen	x	x	9	x	x	9	x	18
Laurel Tice	x	x	x	6	10	x	x	16
Bonita Choly	x	x	x	9	x	6	x	15
Jean Hofbauer	6	x	x	x	x	1	x	7
40 - 49								
Carmel Vrabel	10	10	10	10	x	10	10	50
Mary Sibbers	x	x	9	x	10	5	9	33
Rosemary Harnly	x	9	x	9	x	9	x	27
Kate Vlietstra	8	9	x	8	x	x	x	25
50 and over								
Mary Beaver	x	9	10	10	10	10	10	50
Kathy Gamble	10	10	x	x	x	x	x	20

Upcoming RTC Events

November 5 Bear Creek Handicap

Other Area Races

October 15 WSU Homecoming Road Race, Winona
 October 29 Halloween Classic, Winona

Twin Cities Races

October 8 Homecoming 5K
 October 15 Midway YMCA 5K
 October 16 Valleywood Fore X 4 Cross Country
 October 22 Gopher/Marathon Sports 5K Cross Country
 October 29 Anoka Halloween 5K

GOOD LUCK TO ALL RTC'ERS RUNNING IN THE

TWIN CITIES MARATHON

MAY THE WIND BE AT YOUR BACK

1988- Jason Dech (A) 22119



OCTOBER 1989

**1989
FINAL
GRAND PRIX RESULTS**

Males

Females

19 and under

1. Jim Parry
2. Tim Anderson
3. Nicholas Haas

1. Gwen Sibbers

20-29

1. Gary Larson
2. Mark Wernstrom

1. Roxanne Ready
2. Ann Kesti
3. Maureen Ellington

30-39

1. Brad Kautz
2. Steve DeBoer
3. Jack Coffey
4. Jerry Goodrich

1. Linda Gentling
2. Bonita Choly
3. Jane Moen
4. Patty Shatek

40-49

1. Marty Luhman
2. Garth Powis
3. Howard McCabe

1. Carmel Vrabel

50 and over

1. Jack Igel
2. Allen Shufelt
3. Stuart Taylor/Keith Beaver
4. Charlie Barnholdt

1. Mary Beaver

NOTICE, Notice, notice!!!
POTLUCK LUNCH AFTER BEAR
CREEK RACE. Just bring a
 dish to pass and RTC will
 provide drinks and eating
 utensils. Saturday, Nov.
 4th. Race at 10:00. Pot-
 luck lunch afterward.

HELP WANTED

The Rochester Track Club will again be coordinating the Region 1A Cross Country meet. The meet will be held on October 26th at Northern Hills Golf Course, beginning about 4:00 PM. People interested in helping out should contact either **Wayne Lemons** at 282-3280 or **Woody Sellers** at 289-6651.

1990 GRAND PRIX (Final Results)

Women's Race	20K	15K	10K	All-Comers		Giuseppe's		1990 TOTAL
				Mile	Lion Hearted	Mayo	Open	
FEMALE								
(19 and UNDER)								
Gwen Sibbers	10	-	-	10	-	10	-	30
(20 - 29)								
Paula Parsell	10	-	-	9	-	10	9	47
Karen Storlie	8	-	-	-	10	9	-	27
Maureen Ellingson	5	-	-	-	9	-	-	20
(30 - 39)								
Linda Gentling	-	-	8	10	10	10	-	47
Jane Moen	8	10	7	8	9	2	9	44
Sabrena Resman	9	-	9	9	-	-	8	41
Mona Hamel	10	-	-	-	-	8	-	25
Patty Shatek	5	-	6	-	7	3	-	24
(40 - 49)								
Carmel Vrabel	9	-	-	9	10	10	10	49
Rosemary Hahley	7	10	-	-	-	-	9	35
Bonita Choly	-	-	10	10	-	9	-	29
(50 and OVER)								
Carol Prescher	9	-	8	-	10	10	9	46
Mary Beaver	10	-	10	10	-	-	10	40
MALE								
(19 and UNDER)								
Jim Parry	10	-	10	10	10	10	-	50
Jerry Smith	-	-	7	9	-	8	-	24
Tim Anderson	-	-	5	8	8	-	-	21
(20 - 29)								
Dave Nelson	-	10	8	7	9	2	-	36
Mike Russell	8	-	-	10	10	5	-	33
Tony Poirier	9	-	-	9	-	-	-	18
(30 - 39)								
Brad Kautz	8	10	10	8	-	10	10	48
Steve DeBoer	2	-	9	9	10	9	8	45
Bob Paradis	1	-	8	10	-	-	7	26
Ross Hammernik	-	7	4	5	2	-	3	21
Jim Clennon	-	-	5	-	8	2	4	19
(40 - 49)								
Jerry Ulwelling	-	-	10	-	10	7	10	37
Marty Luhmann	-	10	9	9	-	-	9	37
Pete Hoffman	7	8	6	-	7	-	-	28
Ray Vrabel	-	-	8	-	9	3	-	20
Doc Craddock	-	-	5	-	3	-	6	14
(50 and OVER)								
Tom Steicher	7	10	10	10	10	9	-	49
Alan Shufeldt	4	8	-	-	-	5	-	17

MAYO OPEN CROSS COUNTRY MEET
Friday, September 14, 1990

To the relief of many, the heat and humidity broke Thursday night, leaving us with a racetime temp in the low 60s along with a bit if a breeze. 30 runners completed the hilly, literally breath-taking course, including the irrepressible, 81-year-old Ethel Furne (a fun-filled 5 km).

1. Jeff Streich	25	16:26	16. Doc Craddock	44	22:17
2. Brad Kautz	33	16:35	17. Julie Yost	30	22:20
3. Jerry Wille	34	16:57	18. Susan Taylor	24	22:26
4. Steve DeBoer	35	17:01	19. Paula Parsell	24	23:33
5. Bob Paradis	33	17:13	20. Jane Moen	37	23:37
6. Mark Franco	30	17:46	21. Marie Holecek	26	23:51
7. Al Schmidt	36	18:31	22. Sabrena Resman	32	24:31
8. Jim Clennon	38	18:43	23. Tom Schwalen	46	24:37
9. Ross Hammernik	35	19:16	24. Carol Gordon	38	24:57
10. Bill Hammons	35	19:52	25. Keith Beaver	59	25:51
11. Jerry Ulwelling	44	20:04	26. Rosemary Harnly	44	26:51
12. Marty Luhmann	48	20:31	27. Mary Beaver	54	27:25
13. Lou Forrai	31	21:17	28. Carol Prescher	50	29:03
14. Jim Behlke	40	21:28	29. Amy Treichel	34	32:09
15. Carmel Vrabel	42	21:40	30. Ethel Furne	81	42:08

GRAND PRIX RESULTS

1990

FEMALES

19 and under

1. Gwen Sibbers

20-29

1. Paula Parsell
2. Karen Stonlie
3. Maureen Ellingson

30-39

1. Jane Moen
2. Linda Gentling
3. Sabrena Resman
4. Mona Hamel
5. Patty Shatek

40-49

1. Carmel Vrabel
2. Rosemary Hanley
3. Bonita Choly

50 and over

1. Carol Prescher
2. Mary Beaver

MALES

1. Jim Parry
2. Jerry Smith
3. Tim Anderson

1. Dave Nelson
2. Mike Russell

1. Brad Kautz
2. Steve DeBoer
3. Bob Paradis
4. Ross Hamernik
5. Jim Clennon

1. Jerry Ulwelling 40
2. Marty Luhmann 37/8
3. Pete Hoffman
4. Ray Vrabel

1. Tom Steichen
2. Allan Shufelt





ROCHESTER GRAND PRIX WINNERS

1991



GRAND PRIX RACES

RACE	DATE	NAME	LENGTH
1	4/13	ROCHESTER 20K	20K
2	5/18	RTC SPRING RUN	15K
3	7/02	ALL COMERS MILE	1 MILE
4	7/13	ROCHESTER 10K	10K
5	7/27	ROCHESTER WOMEN'S RACE	4 MILE
6	8/03	LIONHEARTED SEVEN	7 MILE
7	8/24	GIUSEPPI'S HALF MARATHON	HALF MARATHON
8	9/13	MAYO OPEN CROSS COUNTRY	5K

THE TOP 5 RACES OUT OF 8 COUNT IN THE STANDINGS

MALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Dick Jason	32	12	10	0	8	0	0	5	9	0
2	Anderson Tim	29	17	0	0	10	9	0	10	0	0

MALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Virchow Erik	47	23	6	9	9	10	0	10	6	9
2	Russell Mike	39	29	0	8	10	8	0	9	4	0

MALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Kautz Brad	49	34	8	10	8	10	0	10	10	9
2	Wille Jerry	39	35	4	0	10	9	0	9	7	0
3	DeBoer Steve	36	36	2	8	6	8	0	7	4	7
4	Joyner Mike	23	33	0	0	9	0	0	8	6	0
7	Clennon Jim	14	39	N	0	0	6	0	5	3	0

MALE 40 - 49

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Dinusson John	28	47	0	9	6	3	0	0	0	10
2	Jacobson Stan	26	45	0	0	0	9	0	9	8	0
3	Ulwelling Jerry	23	45	0	0	0	8	0	8	7	0
4	Huffman Pete	16	49	N	0	0	0	0	7	9	0

MALE 50 - UP

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Shufelt Allan	36	58	8	0	8	10	0	10	0	0
2	Beaver Keith	34	60	0	9	7	8	0	0	1	9



FEMALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
NONE											

FEMALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Sibbers Gwen	47	20	8	10	10	10	9	0	0	0
2	Delaney Anagel	40	20	0	8	0	9	7	10	6	0

FEMALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Gentling Linda	50	39	10	10	10	10	0	10	9	9
2	Shatek Patty	29	34	7	0	0	8	5	9	0	0
3	Resman Sabrena	26	33	0	9	0	9	4	0	4	0

FEMALE 40 - 49

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Vrabel Carmel	50	43	10	10	0	10	10	10	0	10
2	Choly Bonita	46	41	8	9	10	9	0	0	10	0

FEMALE 50 - UP

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Beaver Mary	48	55	0	10	9	10	9	0	9	10

(* The 1991 Grand Prix Series sponsored by NORTHGATE CHIROPRACTIC OFFICE)
 Dr S L Fetzer

1991 Grand Prix Series detail results ---



MALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Dick Jason	32	12	10	0	8	0	0	5	9	0
2	Anderson Tim	29	17	0	0	10	9	0	10	0	0
3	Evans Mark	16	17	0	0	0	7	0	9	0	0
4	Dick Patrick	13	14	0	0	9	0	0	4	0	0
5	Haas Nick	10	17	0	0	0	3	0	7	0	0
6	Navarro Santiago	10	18	0	0	0	10	0	0	0	0
7	Rings Michael	10	19	0	0	0	0	0	0	10	0
8	Grimm Matt	8	18	0	0	0	0	0	8	0	0
9	Smith Jeremy	8	18	0	0	0	8	0	0	0	0
10	Dick Travis	7	9	0	0	7	0	0	0	0	0
11	Haaland David	6	18	0	0	0	0	0	6	0	0
12	Lund Scott	6	17	0	0	0	6	0	0	0	0
13	Raichle Kevin	6	8	0	0	6	0	0	0	0	0
14	Auger Tom	5	18	0	0	0	5	0	0	0	0
15	Dinusson Matthew	5	6	0	0	5	0	0	0	0	0
16	Larner Britt	4	18	0	0	0	4	0	0	0	0

MALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Virchow Erik	47	23	6	9	9	10	0	10	6	9
2	Russell Mike	39	29	0	8	10	8	0	9	4	0
3	Sehgal Inder	19	28	0	0	0	9	0	0	0	10
4	Parry Jim	17	20	0	10	7	0	0	0	0	0
5	Englebert Todd	15	21	0	0	0	7	0	8	0	0
6	Nelson David	15	29	0	7	8	0	0	0	0	0
7	Barreau Dan	11	22	0	0	0	4	0	7	0	0

8	Carlson Dan	10	29	10	0	0	0	0	0	0	0	0	0
9	Corliss Kevin	10	26	0	0	0	0	0	0	0	10	0	0
10	Jarrow	9	29	9	0	0	0	0	0	0	0	0	0
11	Mahler Charlie	9	28	0	0	0	0	0	0	0	9	0	0
12	Lawrence Andrew	8	25	0	0	0	0	0	0	0	8	0	0
13	Schafer Gary	8	24	8	0	0	0	0	0	0	0	0	0
14	Campbell Frank	7	27	0	0	0	0	0	0	0	7	0	0
15	Koos Tyler	7	28	7	0	0	0	0	0	0	0	0	0
16	Bazzett Mike	6	24	0	0	0	6	0	0	0	0	0	0
17	Farrington Mike	6	25	0	6	0	0	0	0	0	0	0	0
18	Moore Fred	6	24	0	0	6	0	0	0	0	0	0	0
19	Cramer Keith	5	28	0	0	0	5	0	0	0	0	0	0
20	Holton Douglas	5	26	0	0	0	0	0	0	0	5	0	0
21	Leary Glen	5	27	5	0	0	0	0	0	0	0	0	0
22	Gieson Ben	4	29	4	0	0	0	0	0	0	0	0	0
23	Grant Hendrie	3	28	0	0	0	0	0	0	0	3	0	0
24	Johnson Lee	3	24	3	0	0	0	0	0	0	0	0	0
25	Sherman Neil	3	21	0	0	0	3	0	0	0	0	0	0
26	Storlie James	3	27	1	0	0	0	0	0	0	2	0	0
27	Stanek Terry	2	29	2	0	0	0	0	0	0	0	0	0
28	Finanger Daniel	1	26	0	0	0	0	0	0	0	1	0	0

MALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Kautz Brad	49	34	8	10	8	10	0	10	10	9
2	Wille Jerry	39	35	4	0	10	9	0	9	7	0
3	DeBoer Steve	36	36	2	8	6	8	0	7	4	7
4	Joyner Mike	23	33	0	0	9	0	0	8	6	0
5	Einspahr Kregg	16	31	0	0	0	0	0	6	0	10
6	Paradis Bob	16	34	0	9	7	0	0	0	0	0
7	Clennon Jim	14	39	0	0	0	6	0	5	3	0
8	Hamernik Ross	10	36	0	0	4	2	0	0	0	4
9	Pletcher Thomas	10	33	10	0	0	0	0	0	0	0
10	Gazzola Robert	9	30	0	0	0	0	0	0	9	0
11	Whetham Rob	9	38	9	0	0	0	0	0	0	0
12	Nichols J C	8	30	0	0	0	0	0	0	0	8
13	Yotter Craig	8	30	0	0	0	0	0	0	8	0
14	Dewanz Doug	7	35	0	7	0	0	0	0	0	0
15	Hammons Bill	7	36	0	0	0	0	0	0	2	5
16	Strand Rick	7	37	7	0	0	0	0	0	0	0
17	Woo Thomas	7	32	0	0	0	7	0	0	0	0
18	Ankrum Jack	6	38	6	0	0	0	0	0	0	0
19	Jones Chris	6	34	0	6	0	0	0	0	0	0
20	Rogotzke Dave	6	32	0	0	0	0	0	0	0	6
21	Tyce John	6	38	0	0	0	4	0	2	0	0
22	Drealan Wayne	5	38	0	0	0	0	0	0	5	0
23	Gathje Steve	5	35	5	0	0	0	0	0	0	0
24	Martinson Jim	5	34	0	0	5	0	0	0	0	0
25	Snow Lance	5	35	0	5	0	0	0	0	0	0
26	Spee Roger	5	39	0	0	0	5	0	0	0	0
27	Allen Craig	4	36	0	4	0	0	0	0	0	0
28	Dick Dale	4	30	0	0	0	0	0	4	0	0

29	Christensen Dave	3	30	0	0	0	0	0	3	0	0
30	Finseth Brad	3	38	0	0	0	3	0	0	0	0
31	Kingsbury Matt	3	34	3	0	0	0	0	0	0	0
32	Modry John	3	39	0	0	0	0	0	0	0	3
33	Myers Don	3	39	0	0	3	0	0	0	0	0
34	Sellnow Greg	3	33	0	3	0	0	0	0	0	0
35	Goetzinger Bill	2	38	0	2	0	0	0	0	0	0
36	Larry Ben	2	30	0	0	2	0	0	0	0	0
37	Williams Jim	2	37	0	0	0	0	0	0	0	2
38	Getting Terry	1	33	0	1	0	0	0	0	0	0
39	Heuer Thomas	1	33	1	0	0	0	0	0	0	0
40	Manley Wick	1	37	0	0	0	0	0	0	0	1
41	Saurugger Peter	1	33	0	0	0	0	0	0	1	0
42	Torgerson Kevin	1	30	0	0	0	0	0	1	0	0
43	Wiley David	1	32	0	0	0	1	0	0	0	0

MALE 40 - 49

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Dinusson John	28	47	0	9	6	3	0	0	0	10
2	Jacobson Stan	26	45	0	0	0	9	0	9	8	0
3	Ullwelling Jerry	23	45	0	0	0	8	0	8	7	0
4	Huffman Pete	16	49	0	0	0	0	0	7	9	0
5	Jones Randy	12	46	0	6	0	6	0	0	0	0
6	Luhmann Marty	12	49	0	0	0	7	0	5	0	0
7	Lucas Jay	11	48	0	0	8	0	0	0	3	0
8	Weinhold Lee	11	42	0	0	0	0	0	6	5	0
9	Allison Tom	10	44	0	0	10	0	0	0	0	0
10	Backstrom Jim	10	40	0	0	0	0	0	10	0	0
11	Fox John	10	40	0	0	0	10	0	0	0	0
12	Johnson Darryl	10	42	0	0	0	0	0	0	10	0
13	Puchalski Ken	10	47	0	10	0	0	0	0	0	0
14	Suker Doug	10	40	10	0	0	0	0	0	0	0
15	Sjolund Steven	9	40	9	0	0	0	0	0	0	0
16	Trolander John	9	45	0	0	9	0	0	0	0	0
17	Fisher Keith	8	45	0	8	0	0	0	0	0	0
18	Mortenson Bruce	8	47	8	0	0	0	0	0	0	0
19	Caucutt Greg	7	44	0	7	0	0	0	0	0	0
20	Kemplin Warren	7	47	0	0	7	0	0	0	0	0
21	Wood Randy	7	47	7	0	0	0	0	0	0	0
22	Clark Craig	6	47	6	0	0	0	0	0	0	0
23	Gensler Hal	6	45	0	0	0	0	0	0	6	0
24	Andrist Bob	5	40	0	0	0	5	0	0	0	0
25	Morlock Rod	5	47	0	5	0	0	0	0	0	0
26	Schuchardt Pete	5	48	5	0	0	0	0	0	0	0
27	McCabe Howard	4	40	0	0	0	0	0	4	0	0
28	O'Shaughnessy Tom	4	47	0	4	0	0	0	0	0	0
29	Oglesby Richard	4	44	4	0	0	0	0	0	0	0
30	Schwalen Tom	4	46	0	0	0	4	0	0	0	0
31	Wall Joseph	4	40	0	0	0	0	0	0	4	0
32	Benike Jim	3	41	2	0	0	0	0	0	1	0
33	Briggs Marshall	3	40	0	0	0	0	0	3	0	0
34	Watney Gary	3	40	3	0	0	0	0	0	0	0

35	Bhend Richard	2	48	0	0	0	2	0	0	0	0
36	Vogelsang Dennis	2	40	0	0	0	0	0	2	0	0
37	Welke Joseph	2	43	0	0	0	0	0	0	2	0
38	Finseth James	1	40	0	0	0	0	0	1	0	0
39	Ilmberger Gunter	1	46	1	0	0	0	0	0	0	0
40	Kamm Jeff	1	43	0	0	0	1	0	0	0	0

MALE 50 - UP

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Shufelt Allan	36	58	8	0	8	10	0	10	0	0
2	Beaver Keith	34	60	0	9	7	8	0	0	1	9
3	Stauffacher Lee	20	50	10	0	0	0	0	0	10	0
4	Allen Dick	17	55	0	0	0	9	0	8	0	0
5	Galbrecht Bill	17	63	9	0	0	0	0	0	8	0
6	Lenn Jim	10	52	0	10	0	0	0	0	0	0
7	O'Brien Jerry	10	52	0	0	0	0	0	0	0	10
8	Steichen Tom	10	54	0	0	10	0	0	0	0	0
9	Pierson Dwight	9	55	0	0	9	0	0	0	0	0
10	Sather Milo	9	50	0	0	0	0	0	9	0	0
11	Urbain Dale	9	57	0	0	0	0	0	0	9	0
12	Dammen David	7	51	0	0	0	0	0	0	7	0
13	Donadio Jim	7	56	0	0	0	7	0	0	0	0
14	Lenn James	7	52	7	0	0	0	0	0	0	0
15	Boven Earl	6	55	0	0	0	0	0	0	6	0
16	Hardman Ray	6	61	6	0	0	0	0	0	0	0
17	Collins Robert	5	51	0	0	0	0	0	0	5	0
18	Rosenblatt Jon	5	53	5	0	0	0	0	0	0	0
19	Nehring Richard	4	51	4	0	0	0	0	0	0	0
20	Weseman Ron	4	55	0	0	0	0	0	0	4	0
21	Lofthus Bill	3	54	3	0	0	0	0	0	0	0
22	Roeder Rich	3	55	0	0	0	0	0	0	3	0
23	Hagen Floyd	2	54	0	0	0	0	0	0	2	0



FEMALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Golla Julie	10	14	0	0	0	0	10	0	0	0
2	Teo Debra	10	15	0	0	0	10	0	0	0	0
3	VanBeusekom Valerie	10	19	0	0	0	0	0	0	10	0
4	Kuisle Ami	9	14	0	0	0	0	9	0	0	0
5	Sanford Tara	9	16	0	0	0	9	0	0	0	0
6	Morlock Heidi	8	19	0	0	0	0	8	0	0	0
7	Tweed Gretchen	7	15	0	0	0	0	7	0	0	0
8	Gurtz Martha	6	14	0	0	0	0	6	0	0	0

FEMALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Sibbers Gwen	47	20	8	10	10	10	9	0	0	0
2	Delaney Anagel	40	20	0	8	0	9	7	10	6	0
3	Whelan Betsie	18	27	0	0	0	0	8	0	10	0
4	Brownlow Shelly	15	23	7	0	0	0	0	0	8	0
5	Balder Robin	10	22	0	0	0	0	10	0	0	0
6	Beasley Kari	10	23	10	0	0	0	0	0	0	0
7	Kraatz Tanja	9	20	0	9	0	0	0	0	0	0
8	Leary Kathryn	9	26	9	0	0	0	0	0	0	0
9	Powers Beverly	9	29	0	0	0	0	0	0	9	0
10	Nguyen Sue	8	24	0	0	0	8	0	0	0	0
11	Atrubin Judy	7	24	0	7	0	0	0	0	0	0
12	Williams Cheri	7	25	0	0	0	0	0	0	7	0
13	Olson Kim	6	23	0	0	0	0	6	0	0	0
14	Traxler Newcome Margaret	6	27	6	0	0	0	0	0	0	0
15	Funte Lisa	5	27	0	0	0	0	5	0	0	0
16	Traxler Ann	5	29	5	0	0	0	0	0	0	0
17	Vermeersch Monica	5	23	0	0	0	0	0	0	5	0
18	Anderson Jennifer	4	26	4	0	0	0	0	0	0	0
19	Holecek Marie	4	27	0	0	0	0	4	0	0	0
20	Winters Jody	4	24	0	0	0	0	0	0	4	0
21	Brehm Wendy	3	25	0	0	0	0	0	0	3	0
22	Ellingson Maureen	3	29	0	0	0	0	3	0	0	0
23	Juday June	2	28	0	0	0	0	2	0	0	0
24	Abernathy Jane	1	27	0	0	0	0	1	0	0	0

FEMALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Gentling Linda	50	39	10	10	10	10	0	10	9	9
2	Shatek Patty	29	34	7	0	0	8	5	9	0	0
3	Resman Sabrena	26	33	0	9	0	9	4	0	4	0
4	Sloan Jane	22	38	0	7	0	7	0	8	0	0
5	Dilling Debbie	10	32	0	0	0	0	0	0	10	0
6	Peebles Debbie	10	39	0	0	0	0	0	0	0	10
7	Vendsel Bonnie	10	38	0	0	0	0	10	0	0	0
8	Marconett Patti	9	35	0	0	0	0	9	0	0	0
9	Vos Jacqueline	9	37	9	0	0	0	0	0	0	0

10	Boelter Ginny	8	37	0	0	0	0	0	0	8	0
11	Reid Iona	8	32	0	0	0	0	8	0	0	0
12	Stangeland Janet	8	32	8	0	0	0	0	0	0	0
13	Wolfe Julie	8	30	0	8	0	0	0	0	0	0
14	Garry Deb	7	36	0	0	0	0	7	0	0	0
15	Schlueter Jan	7	31	0	0	0	0	0	0	7	0
16	Haslitt Debbie	6	38	0	0	0	0	6	0	0	0
17	Hovden Charis	6	33	0	0	0	0	0	0	6	0
18	Legato Susanne	6	31	6	0	0	0	0	0	0	0
19	Feehan Jean	5	33	5	0	0	0	0	0	0	0
20	Marston Carol	5	31	0	0	0	0	0	0	5	0
21	Johnson Kris	4	39	4	0	0	0	0	0	0	0
22	Dahlstrom Kimberly	3	34	0	0	0	0	0	0	3	0
23	Knudsen Allyson	3	33	3	0	0	0	0	0	0	0
24	Witzig Diane	3	38	0	0	0	0	3	0	0	0
25	Gordon Carol	2	39	0	0	0	0	0	0	2	0
26	Menzel Peggy	2	37	0	0	0	0	2	0	0	0
27	Rizzo Margaret	2	31	2	0	0	0	0	0	0	0
28	Joyner Susan	1	33	0	0	0	0	1	0	0	0
29	McCurnin Jeanne	1	35	0	0	0	0	0	0	1	0
30	Reed Cynthia	1	33	1	0	0	0	0	0	0	0

FEMALE 40 - 49

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Vrabel Carmel	50	43	10	10	0	10	10	10	0	10
2	Choly Bonita	46	41	8	9	10	9	0	0	10	0
3	Kemplin Nancy	37	43	5	0	9	0	8	9	6	0
4	Boughner Janet	9	46	0	0	0	0	0	0	9	0
5	LePage Francine	9	42	0	0	0	0	9	0	0	0
6	Vos Jo	9	41	9	0	0	0	0	0	0	0
7	Mooney Theresa	8	43	0	0	0	0	0	0	8	0
8	Hill Ramona	7	42	7	0	0	0	0	0	0	0
9	Patterson Linda May	7	40	0	0	0	0	7	0	0	0
10	Strande Linda	7	40	0	0	0	0	0	0	7	0
11	Giesen Linda	6	43	6	0	0	0	0	0	0	0
12	Vallejo Barb	6	42	0	0	0	0	6	0	0	0
13	Fitzgerald Pat	5	49	0	0	0	0	0	0	5	0
14	Harnly Rosemary	5	44	0	0	0	0	5	0	0	0
15	Anderson Michaelleen	4	40	4	0	0	0	0	0	0	0
16	Knutson Linda	4	44	0	0	0	0	4	0	0	0
17	Yee Joycie	4	46	0	0	0	0	0	0	4	0

FEMALE 50 - UP

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Beaver Mary	48	55	0	10	9	10	9	0	9	10
2	Dalquist Sandy	19	50	0	0	10	9	0	0	0	0
3	Prescher Carol	16	51	0	0	0	0	8	0	8	0
4	Digonda Lois	10	56	0	0	0	0	10	0	0	0
5	Gehrke Lynne	10	50	0	0	0	0	0	0	10	0
6	Miller Colette	7	56	0	0	0	0	7	0	0	0

1992 ROCHESTER GRAND PRIX STANDINGS

GRAND PRIX RACES

RACE	DATE	NAME	LENGTH
1	4/11	ROCHESTER 20K AND MAYWOOD 2 MILE	20K
2	5/16	RTC SPRING RUN	15K
3	6/30	ALL COMERS' TRACK MEET	1 MILE
4	7/18	RTC 10K	10K
5	7/25	ROCHESTER WOMEN'S RACE	4 MILE
6	8/1	LIONHEARTED SEVEN AND TAMER TWO MILE	7 MILE
7	8/22	GIUSEPPI'S HALF MARATHON	21.1K
8	9/18	MAYO OPEN CROSS COUNTRY	5K

7	Joyner Mike
8	Carlson Dan
9	Field Bill
10	Hammons Bill
11	Nichols T.C.
12	Jarrow
13	Pletcher Tom
14	Werven Gerry
15	Zimmerman John
16	Gazzola Robert
17	Russell Mike
18	Sackles Paul
19	Whetham Rob

THE TOP 5 RACES OUT OF 8 COUNT IN THE STANDINGS

7 RACES HAVE BEEN COMPLETED

MALE 40 - 49

MALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Evans Mark	29	18	0	0	0	9	0	10	10	0
2	Dick Jason	24	13	0	0	9	6	0	0	9	0
3	Anderson Tim	23	18	0	0	10	8	0	5	0	0
4	VanBuren Tyler	15	19	0	0	0	7	0	8	0	0
5	Dick Matthew	10	12	0	10	0	0	0	0	0	0
6	Navarro Santiago	10	19	0	0	0	10	0	0	0	0
7	Novotny Michael	10	19	10	0	0	0	0	0	0	0
8	Gilman Pete	9	17	0	0	0	0	0	9	0	0
9	Koch Tony	8	19	0	0	0	0	0	0	8	0
10	Grimm Matt	7	18	0	0	0	0	0	7	0	0

at race
Travis Dick - 10
Patrick Dick - 9

RANK NAME

1	Clennon Jim
2	Modry John
3	Myers Don
4	Lawson George
5	Schwalen Tom
6	Block Tim
7	Jacobson Stan
8	Spee Roger
9	Meek David
10	Pelarske Jim
11	Mortenson Bruce
12	Mathieu Don
13	Ulwelling Jerry
14	Benike Jim
15	Karinen Bob
16	Puchalski Kenneth
17	Craddock Doc
18	Czapiewski Jake
19	McCurnin Fred
20	Speckman Tom 6

MALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Poirier Tony	49 39	26	0	0	10	10	0	10	9	10
2	Sprain Dan	39 32	27	2	8	9	6	0	7	2	7
3	Virchow Erik	25 25	23	6	10	0	0	0	9	0	0
4	Franken Mike	21	29	4	0	8	9	0	0	0	0
5	Thompson Joe	12	24	0	0	0	0	0	8	4	0
6	Mortenson Kelly	10	21	0	0	0	0	0	0	10	0
7	Ramlo Terry	10	28	10	0	0	0	0	0	0	0
8	Thornton Jim	10	29	5	0	0	0	0	0	5	0
9	Brannan Shawn	9	28	0	9	0	0	0	0	0	0
10	McCullor Brian	9	24	9	0	0	0	0	0	0	0

MALE 50 - UP

RANK NAME

1	Igel Jack
2	Huffman Pete
3	Luhmann Marty
4	Beaver Keith
5	Donadio Jim
6	Paine Paul
7	Saari Doug
8	Allen Dick
9	Stauffacher Lee
10	Gamble Willard
11	Modjeski Jerry
12	Tolkinen Erv
13	Dammen David
14	Savanick George
15	Hubbard Harold
16	Masessa Mike

MALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Wille Jerry	48 46	36	3	9	9	10	0	10	8	10
2	Kautz Brad	46 39	35	2	10	0	9	0	9	9	0
3	DeBoer Steve	35 33	37	0	8	6	7	0	8	4	0
4	Finseth Brad	15	39	0	0	4	3	0	7	1	0
5	Dick Dale	20 13	39	0	6	7	0	0	0	0	0
6	Hamernik Ross	12	37	0	5	0	4	0	3	0	0

***The Grand Prix Series
sponsored by
Dr. Steven L. Fetzer,
NORTHGATE CHIROPRACTIC OFFICE**



11
 10
 10
 10
 13
 10
 9
 8
 7
 7
 7
 7
 34 0 0 0 6 0 0 5 0
 30 10 0 0 0 0 0 0 0
 30 0 0 0 0 0 0 0 10
 37 0 4 0 0 0 6 0 0
 31 0 0 10 0 0 0 0 0
 30 9 0 0 0 0 0 0 0
 34 8 0 0 0 0 0 0 0
 30 0 0 8 0 0 0 0 0
 30 0 0 0 8 0 0 0 0
 31 0 0 0 0 0 0 7 0
 31 0 0 0 0 0 5 2 0
 34 0 7 0 0 0 0 0 0
 39 7 0 0 0 0 0 0 0

FEMALE 1 - 19

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Hines Nicole	10	19	0	0	0	0	10	0	0	0
2	Ludvigsen Heidi	10	15	0	0	0	10	0	0	0	0
3	VanBeusekom Vanessa	10	18	0	0	0	0	0	0	10	0
4	Golla Julie	9	15	0	0	0	0	9	0	0	0
5	Morlock Kasey	8	17	0	0	0	0	8	0	0	0
6	D'Shaughnessy Colleen	7	9	0	0	0	0	7	0	0	0
7	D'Shaughnessy Maureen	6	8	0	0	0	0	6	0	0	0

45
 31
 27
 18
 47
 40
 46
 40
 40
 41
 48
 46
 46
 42
 40
 48
 46
 44
 47
 42
 6
 AGE 1 2 3 4 5 6 7 8
 40 7 10 0 9 0 10 9 0
 41 0 0 10 2 0 8 0 0
 46 0 0 0 8 0 0 10 0
 47 0 5 9 0 0 4 0 0
 40 4 0 0 0 0 0 8 0
 46 0 9 0 3 0 0 0 0
 40 0 0 0 7 0 0 5 0
 40 0 0 0 10 0 0 0 0
 41 10 0 0 0 0 0 0 0
 48 9 0 0 0 0 0 0 0
 46 8 0 0 0 0 0 0 0
 46 0 0 0 4 0 0 4 0
 42 0 0 0 0 0 0 7 0
 40 0 0 0 0 0 0 7 0
 48 0 7 0 0 0 0 0 0
 46 0 0 0 0 0 6 0 0
 44 0 0 0 0 0 0 6 0
 47 6 0 0 0 0 0 0 0
 42 0 6 0 0 0 0 0 0

FEMALE 20 - 29

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Sibbers Gwen	38	21	0	10	10	10	8	0	0	0
2	Fredrick Chris	26	23	10	0	0	0	10	0	6	0
3	Balder Robin	25	23	9	0	0	0	9	0	7	0
4	Marzen Janice	20	26	0	9	0	0	0	10	1	0
5	Gretsch-Ericson Katy	10	29	0	0	0	0	0	0	10	0
6	Rivera Juanita	9	21	0	0	0	9	0	0	0	0
7	Schroeder Cynthia	9	27	0	0	0	0	0	0	9	0
8	Whiteside Jayne	9	28	0	0	0	0	0	9	0	0

FEMALE 30 - 39

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Shatek Patty	42	35	2	9	10	9	5	9	0	0
2	Peterson Julie	33	32	0	10	0	10	8	0	5	0
3	Sloan Jane	23	39	0	7	0	8	0	8	0	0
4	Wille Mary	10	37	3	0	0	0	7	10	2	0
5	Docherty Bev	10	33	10	0	0	0	0	0	0	0
6	Meyer Judith	10	32	0	0	0	0	0	0	10	0
7	Uhrich-Gray Pamela	10	31	0	0	0	0	10	0	0	0
8	Witzig Diane	10	39	1	8	0	0	1	0	0	0

48
 29
 25
 15
 57
 52
 50
 56
 51
 59
 52
 56
 52
 54
 65
 50
 AGE 1 2 3 4 5 6 7 8
 53 0 10 9 10 0 9 10 0
 50 9 0 10 0 0 10 0 0
 50 0 0 0 9 0 8 8 0
 61 0 9 0 0 0 6 0 0
 57 0 8 0 0 0 7 0 0
 52 10 0 0 0 0 0 0 0
 50 0 0 0 0 0 0 9 0
 56 0 0 0 8 0 0 0 0
 51 8 0 0 0 0 0 0 0
 59 0 7 0 0 0 0 0 0
 52 0 0 0 0 0 0 7 0
 56 7 0 0 0 0 0 0 0
 52 0 0 0 0 0 0 6 0
 54 6 0 0 0 0 0 0 0
 65 5 0 0 0 0 0 0 0
 50 0 0 0 0 0 0 5 0

FEMALE 40 - 49

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Gentling Linda	46	40	8	0	10	9	0	10	9	0
2	Vrabel Carmel	44	44	10	10	0	10	0	0	10	0
3	Choly Bonita	16	42	0	0	9	0	0	0	7	0
4	LePage Francine	10	43	0	0	0	0	10	0	0	0
5	Knutson Linda	9	45	0	0	0	0	9	0	0	0
6	Schissel Linda	9	43	9	0	0	0	0	0	0	0
7	Arveson Barbara	8	40	0	0	0	0	0	0	8	0
8	Harnly Rosemary	8	45	0	0	0	0	8	0	0	0
9	Lorentzen Eliz	8	42	0	0	0	8	0	0	0	0

FEMALE 50 - UP

RANK	NAME	POINTS	AGE	1	2	3	4	5	6	7	8
1	Prescher Carol	26	52	0	0	0	10	7	0	9	0
2	DeGonda Lois	18	57	9	0	0	0	9	0	0	0
3	Connelly M. Karen	10	52	0	0	0	0	10	0	0	0
4	Gamble Kathy	10	58	0	10	0	0	0	0	0	0
5	Gehrke Lynne	10	51	0	0	0	0	0	0	10	0
6	Jespersen Carinne	10	52	10	0	0	0	0	0	0	0

ROCHESTER TRACK CLUB 1993

ROCHESTER TRACK CLUB GRAND PRIX SERIES

Participant	Age	Mywood 20K	RTC 15K	A-C 1M	RTC 10K	Women's	Douglas T.	Gusepp's	Open X-C	Total Pts
Pts Available		141	42	36	65	58	28	214	29	613
Anderson, Tim	19				62					62
Dick, Jason	14			23	28					51
Anderson, Kent	19			35						35
Wille, Andrew	9			12	11					23
Thompson, Joseph	26	121	34		52			203	24	434
Vincow, Eric	24	126	39	30	59		25		27	279
Potter, Tony	27		42	34	65		28		13	196
Michael, Gerard	26				18		11	108		150
Kantz, Brad	35	133	41	29	64		27	213	26	533
DeBoer, Steve	38	124	38	26	61		24	206	25	504
Wille, Jerry	36	131		33			26	211	28	429
Franken, Mike	31	120	32	27	55			186		420
Morrison, Don	36	104	30	25	43		9	171		373
Hammerik, Ross	38	107			46			191		353
Reed, Kenneth	38	95	23		42		16	173		333
Williams, Jim	39	86	26		37		17	162		327
Russell, Mike	31	106						198	20	321
Hammora, Bill	38	79						189		288
Rich, Adam	30	110						168		278
Snow, Lance	36	93					15	148		256
Woo, Thomas	34							199		199
Larson, Timothy	37	69						192		192
Selnow, Greg	35							110		179
Sundstrom, Ron	35		19					133		164
Nichols, J.C.	32	125		36			12	133		181
Goodrich, Jerry	38							154		154
Arnold, Walter	34						13	149		162
Hell, Richard	38						7	105		105
Torgerson, Kevin	34	89						89		89
Christlan, Tim	37	80						80		80
Dewanz, Doug	37	68						68		68
Stern, Tom	39		6	22	26			11	16	65
Defenbaugh, Theo	30		25					19		41
Cramer, Keith	30							19		19
Osmand David	38	18					5	15		18
Grands, Joseph	36		19		10		10	29		15
Scholia, Scott										29
Clemm, Jim	41	115	33		53		23	200		424
Mody, John	40	73			38		21	181	23	336
Lawson, George	46		36		58			196		290
Myers, Don	41	67	16	18	30			152	17	217
Dinussen, John	49							127		210
Gilgerson, Curt	40			28	56			129		129
Dick, Dale	40	70						84		84
Salin, Robert	40							59		70
Meek, David	41			16	13			29		59
Speckman, Tom	43							26		28
Spee, Roger	41		28					23		26
Haas, John	48							21		23
Berlike, Jim	43							21		23
Caucutt, Greg	46							12		21
Schwalen, Tom	48									12
O'Shaughnessy, Tom	49		1	2					1	4



RACE RESULTS

* 1993 Grand Prix Series:

- Rochester 20K
- RTC Spring Run (15K)
- All-Comers 1 Mile
- RTC 10K
- Rochester Women's Race (4 Mile)
- Annual Douglas Trail Race (11 Mile)
- Giuseppi's Half-Marathon
- Mayo Open Cross Country Meet (5K)

DR. STEVEN L. FETZER
 Northgate Chiropractic Office
 1204 NW 7 Street
 Rochester, MN 55901
 285-1677

Races included in the 1993 Grand Prix Series are sponsored by:

Participant	Age	ROCHESTER TRACK CLUB GRAND PRIX SERIES										Total Pts
		Mwood 20K	RTC 15K	A-C 1M	RTC 10K	Women's	Douglas Tr.	Giuseppi's	Open X-C			
Pts Available		141	42	36	65	58	28	214	29			613
Igel, Jack	54	102	27	24	40			172				365
Lunnann, Martin	51	88	20	19	31			126				286
Huffman, Pete	51	80	24				20	161				265
Schelling, Brian	51	43	15		16			114				188
Dennulling, James	41						19	169				188
Craddock, Doc	47						14	144				158
Bernal, Richard	50							40	7			47
Donald, Jim	58							32				32
Allen, Dick	57								4			12
Taylor, Stuart	55	8										8
Beaver, Keith	62	4										188
Golla, Julie	16						32					89
Morlock, Casey	18							28				28
O'Shaughnessy, Colleen	10		2						3			14
O'Shaughnessy, Maureen										2		5
Wille, Megan	7											3
Speckman, Erin	18											1
Beaul, Shari	29	50		14								64
Marzen, Janice	27											40
Reeman, Sabrina	35	31	10									181
Garry, Deb	38	41	11				15	46				113
Peterson, Julie	32	37	12				14	44				107
Reilly, Patricia	35											69
Joyner, Sue	35											65
Witzig, Diane	39	15						25				46
Sundstrom, Gina	31						6					31
Deifemsaugh, Lauri	31										28	28
Arnold, Peg	34											25
Wille, Mary	37	14					7					21
Shalek, Patty	36											16
Machen, Angie	36											7
Vrabel, Carmel	45	76	21									208
Gentling, Linda	41						17	55				164
Stoen, Jane	40		3				14	22				38
Metzel, Peggy	40						9	33				33
Knudson, Linda	46							24				33
Hanly, Rosemary	46							31				31
Riederer, Marilyn	40							14				14
Anderson, Barb	47							9				9
Connelly, Karen	53	26	5	13								133
Bellrichard, Lee	52											8
Prescher, Carol	53											5



ROCHESTER TRACK CLUB 1994

	1	2	3	4	5
Bolk, Dennis					
Seamans, David					
Flanders, Dennis	1				
50-59					
Igel, Jack	9	10	10		48
Huffman, Pete	8	9			36
Dinussen, John	3				10
Allen, Dick	5		4		9
Schelling, Brian			7		7
Taylor, Stuart	4				4
19 and under					
O'Shaughnessy, Colleen	10	9			29
Willie, Megan		8			8
O'Shaughnessy, Maureen					9
20-29					
Schallock, Jennifer	9	10	7	10	41
Marzen, Janice	8				8
30-39					
Cook, Kathy	9	9			27
Reilly, Patricia		10			19
Seamans, Jane			5	10	18
Bestul, Shari			3	8	11
Bower, Susan		10			10
Frankel, Amalie		8			8
Deffenbaugh, Lauri	6				6
Peterson, Julie	5				5
McGuire, Tracy	4				4
Joyner, Sue				1	1
40-49					
Vrabel, Carmel	9	10	9	10	48
Gentling, Linda		9	8		34
Sloan, Jane	3	9			22
Witzig, Dianne		8			16
Menzel, Peggy					2
Harnly, Rosemary			2	1	1
50-59					
Connely, Karen	10	10	10	10	80
Prescher, Carol			8	7	24
60+					
Furnee, Ethel					8

RACE RESULTS

RACE RESULTS



1994 Grand Prix Series results
compiled by:

Ross Hamernik

ROCHESTER TRACK CLUB GRAND PRIX SERIES - 1994

Participant	M'wood 20K	RTC 15K	A-C 1M	RTC 10K	Women's	Douglas Tr.	Guisseppis	Open X-C	Total Pts	PLACE
19 and under										
Dick, Jason			8	7		8			23	1
Dick, Pat			10	8					18	
Dick, Matt			9	6					15	
Wille, Andrew			4	5					9	
Boes, Bill				9					9	
20-29										
Anderson, Tim			10	10		8			28	1
Poirer, Tony		10							18	
Thompson, Joe	8					9	7		16	
Byrne, Tom				8			5		13	
Kimmel, Bruce				7			4		11	
Michal, Gerard								10	10	
30-39										
Wille, Jerry	3	10	10	9		10	9	10	61	1
Kautz, Brad		9	8	10		9	10	9	55	2
DeBoer, Steve		8	6	8		7	6	7	42	3
Morrison, Don		6		6				6	18	4
Cook, Brian			7	3				5	15	
Franken, Mike		7		7					14	
Martinson, Jim						6	5		11	
Snow, Lance		4	4						8	
Hamernik, Ross				4				4	8	
Goodrich, Jerry		5							5	
Blommer, Craig				2		2			4	
Patschke, Russell								3	3	
Arnold, Walter		3							3	
Dewanz, Doug		2							2	
Joyner, Mike							1		1	
40-49										
Clennon, Jim	1	10		9		10	10	10	50	1
Finseth, Brad	2		9	8		9	7	8	43	2
Modry, John		9	8	5				9	31	3
Reed, Kenneth			7	6		8	4		25	4
Craddock, Doc		7	6	3		5			21	
Lawson, George				10					19	
Myers, Don		8		4			9		12	
Sloan, Tom			5					6	11	
Spackman, Tom				1		2		5	8	
Genstler, Hal						7			7	

1994 Grand Prix Series

sponsored by;

DR. STEVEN L. FETZER

Northgate Chiropractic Office

1204 NW 7 Street

Rochester, MN 55901

285-1677



ROCHESTER TRACK CLUB 1995

*1995 Grand Prix Series

Rochester 20K
 RTC Spring Run (15K)
 All Comers 1 Mile
 RTC 10K
 Rochester Women's Race (4 Mile)
 Douglas Trail Race (11 Mile)
 Giuseppi's Half-Marathon
 Mayo Open Cross Country (5K)

RACE RESULTS

1995 Grand Prix Series
 sponsored by;
 Dr. Steven L. Fetzer
 Northgate Chiropractic Office

Grand Prix Director Ross Hamernik

ROCHESTER TRACK CLUB GRAND PRIX SERIES - 1995 FINAL RESULTS											
Participant	M'wood 20K	RTC 15K	A-C 1M	RTC 8K	Women's	Douglas Tr.	Giuseppi's	Open X-C	Total Pts	Tot Bst 5	PLACE
19 and under											
Dick, Jason			10						10		
Dick, Pat			9						9		
20-29											
Poirer, Tony	9			10		9	9		37	37	1
Thompson, Joe		8							8		
Byrne, Tom				7					7		
30-39											
Hannon, Jim		9.5		10		9	9	9	46.5	46.5	1
Wille, Jerry	6	9.5	10	7		10		10	52.5	46.5	1
Kautz, Brad	2		9	8			8	8	35	35	3
Morrison, Don		6	6	3				5	20	20	4
Martinson, Jim			7	5				6	18	18	5
Thomford, Paul		7		1		8			16	16	6
Khraibi, All		2	5			1		1	9	8	7
Franken, Mike			8						8		
Liffrig, Tim						5		2	7		
Rich, Adam								4	4		
Arnold, Walter		4							4		
Krips, Jim						3			3		
Russell, Mike								3	3		
Blommer, Craig				2					2		
40-49											
DeBoer, Steve	2	10	10	10		10	8	10	60	50	1
Reed, Kenneth		8	8	7		8	7	7	45	38	2
Clennon, Jim		9		9		9			27	27	3
Hamernik, Ross			7	6		4		8	25	25	4
Gensler, Hal		7					5		12		
Myers, Don			6					5	11		
Williams, James		5					4		9		
Modry, John				8					8		
Vuk-Pavlovic, Stanimir		1		2				4	7	7	5
Spackman, Tom			5			1			6		
Gilbertson, Curt				5					5		
Snyder, Roger				4					4		
Sloan, Tom								3	3		
Craddock, Doc				3					3		
Seamans, David		2							2		
Riese, Dennis				1					1		

50-59										
Luhman, Marty				10				10	20	
Igel, Jack				8	10				18	
Schelling, Brian				9			5		14	
Allen, Dick					9		4		13	
Haas, John								9	9	
O'Shaughnessy, Tom				6			3		9	
Hylland, Ray					8				8	
Gura, George		7							7	
Brown, Pat				7					7	
Johnson, Loren		5							5	

19 and under											
O'Shaughnessy, Colleen				10		2			12		
Groth, Heidi					8				8		
20-29											
Pierce, Pam		7							7		
Bondy, Lois							2		2		
30-39											
Thomford, Deb	9	10	10	10	10	9	9	10	77	50	1
Soukup-Selness, Mary	5		9	9	9	8		9	49	44	2
Resman, Sabrina		8	8	8	7	6	2	8	47	39	3
Seamans, Jane		9			5	5			19	19	4
Yanisch, Janine					6		4		10		
Lauber, Andrea		7							7		
Arnold, Peg				6					6		
Gade, Karen	3				2				5		
Macken, Angie						4			4		
40-49											
Gentling, Linda	5	8	9	10	10	10	7		59	47	1
Vrabel, Carmel	6	9	10				9		34	34	2
Sloan, Jane		5		8		9		9	31	31	3
Harnly, Rosemary	3	6			7			10	26	26	4
Powers, Susan	4	7			9				20	20	5
Witzig, Dianne				9	6				15		
Menzel, Peggy					8				8		
Holst, Marilyn					1				1		
50-59											
Prescher, Carol	10						7	10	27	27	1
Tesch, Denise					10				10		
Connely, Karen							8		8		
60+											
Furnee, Ethel								10	10		



ROCHESTER TRACK CLUB 1995

*1995 Grand Prix Series

Rochester 20K
 RTC Spring Run (15K)
 All Comers 1 Mile
 RTC 10K
 Rochester Women's Race (4 Mile)
 Douglas Trail Race (11 Mile)
 Giuseppe's Half-Marathon
 Mayo Open Cross Country (5K)

RACE RESULTS

1995 Grand Prix Series
 sponsored by;
 Dr. Steven L. Fetzer
 Northgate Chiropractic Office

1996 Final Grand Prix Results

ROCHESTER TRACK CLUB GRAND PRIX SERIES - 1996												
Participant	M'wood 20K	RTC 15K	A-C 1M	RTC 8K	Women's	Douglas Tr.	Guiseppi's	Open X-C	Spirit Run	Total Pts	Tot Bst 5	PLACE
19 and under												
20-29												
Doering, Aaron	8	10								10	28	1
Volchenboom, Sam	5			7						12	28	
Gelczer, Robert				5						5		
30-39												
Kautz, Brad		9	7	10			7	10		43	43	1
Hannon, Jim	5	10	10						10	35	35	2
Lombardo, Phil	1		8			8		8		25	25	3
Thomford, Paul				6		7				13		
Martinson, Jim							3	9		12		
Sundsmo, Ron				2					5	7		
Debbins, Josef							6			6		
Burgart, Larry			5							5		
Krips, Jim		5								5		
Liffrig, Tim									4	4		
Rich, Adam						3				3		
Arnold, Walter				3						3		
Price, Randy		3								3		
Thornton, Jim	2									2		
Byrne, Tom		2				2				2		
Weaver, Art		1								2		
de Ruiter, Hans										1		
40-49												
DeBoer, Steve	6	10	9	9		8	7	9	10	68	47	1
Wille, Jerry	7			10		10	10	10		47	47	1
Clennon, Jim				8		6	5	8	8	35	35	3
Morrison, Don		4	6	8			1	7	9	35	34	4
Sloan, Tom			8					6		14		
Meek, Dave			10							10		
Hamernik, Ross				3				7		10		
Purrrington, Brian	2	6							2	10		
Larson, Tim						9				9		
Reed, Kenneth		2		1		1			4	8		
Simmons, Sam								5		5		
Caucutt, Greg		4								4		
Snyder, Roger				4						4		
Schmidt, Alan										4		
Modry, John	3					3				3		
Riese, Dennis		3								3		
Gilbertson, Curt				2						2		
Riese, Ronald		1								1		
Finseth, Brad	1									1		
50-59												
Schwilling, Brian	8	8	9	9		7	4	8	8	61	42	1
112.1. Doc	5	5	10			9	7	9	9	40	40	2nd

awards presented at RTC banquet 2/1/97

	2	7	5	10	9	7	10	9	9	40	40	40	2
Gensier, Hal													
Seibert, Clement	2	7	5	1	1					22			
Dinussen, John	7		5	8	6					16			
Jacobson, Stan			8	3						14			
Flanders, Dennis	3		8							14			
Luhmann, Marty					10					10			
Creagan, Ed		8								8			
Uwelling, Jerry			7		8					8			
Hylland, Ray			6							7			
Schwalen, Tom			6							6			
Schindler, Richard				5						5			
Bhend, Richard	4									4			
Marshall, Mike			4							4			
Haas, John					3					3			
60+													
Brown, Pat	6		10	6	8					20			1
Johnson, Loren				2	5					20			
Allen, Dick										16			2
19 and under													
Clennon, Kari			9							9			
20-29													
Seamans, Jane				5						5			
30-39													
Thomford, Deb		10	10	10	10					50			1
Resman, Sabrina	9		9	8	6					39			2
Yanisch, Janine			8	9	3					29			3
Graff, Darla	10			9	8					27			
Soukup-Seinss, Mary	8		5							25			
Sundsmo, Gina										5			
Seamans, Jane	4									4			
Reilly, Patricia	2									2			
40-49													
Gentling, Linda	9	10	10	8	7					53			1
Sloan, Jane	5	9	8	2	5					45			2
Draayer, Suzanne				9	10					27			3
Powers, Susan				7						15			
Witzig, Dianne	7									14			
Vrabel, Carmel				9						9			
Gordon, Carol	8									8			
Harnly, Rosemary				5						5			
LeCocq, Vickie				4						4			
50-59													
Connelly, Karen	10			9	10					48			1
Prescher, Carol	8	9	9	7	9					42			2
Tesch, Denise	10		10	10						30			3
Harnly, Rosemary										10			
Dahquist, Sandra				8						8			

ROCHESTER TRACK CLUB GRAND PRIX SERIES - 1997

Participant	M'wood 20K	RTC 15K	A-C 1M	RTC 8K	Women's	Douglas Tr.	Holiday Inn	Open X-C	Spirit Run	Total Pts	Tot Bst 5	PLACE
20-29												
Doering, Aaron	3					8	6	9	10	26	26	1
Virchow, Eric	4	9				7	4			24	24	2
30-39												
Paler, Tony	8		8	10		10	10		10	56	48	1
Hannon, Jim	7	10	10			9	9		9	45	45	2
Lombardo, Phil	1	9	9					10		29	29	3
40-49												
Willie, Jerry	9		10	10		10	8	10	10	49	49	1
DeBoer, Steve	5	10	6	9		9	5	8	8	65	46	2
Martinson, Jim		8	7	8				9	8	37	32	3
50-59												
Gensler, Hal	7	10	10	9		10	10	10	9	65	49	1
Luhmann, Marty		9		8		9	9		7	52	45	2
Flanders, Dennis		7				7	1	9		24	24	3
60+												
Allen, Dick	8	10		10		9	4	10	8	39	39	1
Brown, Pat						10	7	10	10	47	47	2
20-29												
Wandrey, Tricia	2			9	9				10	18	18	1
Lebruska, Lori				7	6					15	15	2
30-39												
Marquette, Nancy	9				8	10	9	10	10	47	47	1
Sandress, Laura	7			9		9	7	9	9	43	43	2
Soukup-Seinss, Mary			10			7	7	9	8	41	41	3
40-49												
Draayer, Suzanne	7	9	10	9	10	8	8	10	10	49	49	1
Gentling, Linda		8	9	8	8		6		8	65	42	2
Powers, Susan	6				7				9	36	36	3
50-59												
Prescher, Carol	8	9	9	10	9				9	46	46	1
Harnly, Rosemary		10			10					28	28	2