



RRC Board Meeting — April 2026

Date: April 20, 2026 | **Start:** 6:00 PM | **Adjourned:** | **Location:** Centerstone Hotel | **Next:**

Roll Call

Present: Joseph Barr, Derek Pape, Rick Fishbune, Leah Speltz, Mike DeBolt, Sergio Gradilone

Absent: Kaylee Arndt, Shannon Strickland, Nate Johnson, Rylee Kopchak, Chris Aakre, Laura Brady

Guests: Tonya Dunn

Called to order at:

Consent Agenda

- Last month's minutes: [03 2026 RRC Board Meeting Minutes](#)
- Treasurer's report: [2026-4-14 Treasurers Report.pdf](#)

M:

S:

Approved: YES

Guest Business

Race Director Updates

Spring Classic

Is this Tentative Schedule on Race Roster correct? Does it need to be adjusted due to Ribbon Cutting/Mayor-Runner Friendly Community Award? Is there a plan to give out Age Group Awards as stated (right now, not many registrants)?

Tentative Event Schedule:

- 6:00 am-7:45 am: Packet Pick-up and Race Day Registration
- 8:00 am: Half Marathon start
- 8:05 am: 10K start
- 8:10 am: 5K start
- 8:30 am: Kids' 1 Mile Fun Run

Age Group Awards for female, male, and non-binary participants for the Half Marathon, 5K and 10K are as follows:

1-19, 20-29, 30-39, 40-49, 50-59, 60,69, 70-79 & 80+

Mayor to be at Slatterly at 8a. We said to be there from 8-8:30a. A solid 20 minutes for everyone to speak (Mayor Norton, Mike/Tonya, CofC)

Schedule will be pushed back by 30 min: 8:30a Half start, 8:05 for 10K, etc.

Coasters that say "Age group winner for Spring Classic", one per group, per race

85 total registered, 28 for half, 21 for 10K, 16 for 5K, 20 for kids run

Discount code: 12% for 12 days out

ACTION ITEM (Kaylee and Derek): Distribute discount code

Packet pickup: 4-6:30p Friday before at TerraLoco; day-of registration available

TerraLoco to host pickup for Essex

Reggie, One Mile are in discussions

We are FULL for volunteers plus Dan Feda with team to do water stop

Leah is picking up food (bananas, water), Tonya is getting apples and caramel, salty snack(?)

Tailwind shipping fee quite high! We intend to use Gatorade for SC until we get that sorted out.

Give people who signed up for SC a promo code on HHR?

- Have people send in a screenshot of their registration?
- Send it in the confirmation email?
- Send an email blast to everyone who signed up for SC after the race.
 - Advertise that you'll get this if you sign up for SC

Women's 4 Mile

\$5 discount to anyone who signs up at the Unleash the She Expo/post-race

Bring a towel from last year!

We really ought to get a couple people to staff.

18 and under: 50% discount? Last year, TL sponsored all 18/under entries

ACTION ITEM (Leah): Reach out to Tiffany

Tonya will connect with HS contacts to make this known

Healthy Human Race

New committee is fabulous

For the 5k, agreed to do a sling bag instead of Goodrs

Scheels

We presented a very detailed sponsorship proposal in order to reestablish our relationship. Proposal was sent over 18 days ago, but we haven't heard anything.

ACTION ITEM (Mike): Send a polite follow up email

Pursue other sponsors - local running stores?

Leverage our recent connections at the CofC

Think Bank

RAC?

Essex

Added a no-frills 10K and 7K for cheap

ACTION ITEM (Joseph): add registration to website

Race is ours now, we have made a friendly takeover from RASC

ACTION ITEM (Kaylee): Create a logo for this race (autumnal theme)

Reggie Oeltjen Douglas Trail Race

4 registrants

Go for the Gold

Trying to get things moving early

General Race Director Items

Rochesterfest 10 Miler on Sunday

Polar Bear Prediction 5k

Tiffany is out "That being said, we would be happy to be the host location if you'd like."

Possibly Tonya?? - ed in

We could potentially have timing mats 🙄

Contract to be pursued after Tonya thinks about this more

Board Teams

SMTR

Still waiting to hear back from RAC about storing stuff there

Volunteerism

Paid position for SMTR water stops

Could we possibly pay e.g. a high schooler e.g. \$50/week to set up water stops?

Steve Kasica said that Century runners are often looking for NHS volunteer hours

We tried this before - high schoolers tend not to have cars, or great availability, or great communication

Med City 5k Water Stop

We should have plenty of volunteers

ACTION ITEM (Leah): Volunteer signup for expo


Sponsorship

Active PT

Has committed to sponsoring Lance, HHR, and All Comers

Inclusion

Memberships discount for 65+ (or retired), college students or <21 (Sergio)

 Retired and Legacy Service Membership Categories-1.pdf

ACTION ITEM (Joseph): Carry over to next month

Cyberforce

Advertising at PFC

Report from 04/11

We are welcome to set up a table whenever. Advertise for women's race? Other events?

ACTION ITEM (Shannon): Determine an optimal time to set up a booth at PFC.

Unleash the She

We have been invited to promote (for free) for Unleash the She (April 25)

Unleash the SHE – Vendor Booth Info Women's 5K supporting MN Ovarian Cancer Alliance | Little Thistle Brewing | Last Saturday of April

Booth details: 10x10 space (up to 3 additional spaces available) in the outdoor lot near music and food trucks. Bring your own table, chair, and tent — no extras provided.

Schedule: Arrive as early as 6am; booth must be fully set up by 8am. Expect browsing pre-race, a lull 8:30–9:15am, then busy through ~11am.

Parking: Behind the building. Drive around the brewery to unload; bring your own cart.

Weather: Outdoor only — booth area cancelled with full refund if inclement weather.

Track & Field Interviews in a Series on LA2028 Hopefuls

A keynote speaker and former US Olympic Committee staffer named Melissa has launched a YouTube series called "The Journey to LA," featuring weekly short interviews with US Olympic and Paralympic hopefuls across dozens of sports leading up to the 2028 LA Games. She's already completed 35 interviews with athletes from sports including track and field, with over a

dozen National Governing Bodies supporting the project. She's reaching out to RRC hoping the club will share the track and field interviews with its members, offering cross-promotion and acknowledgment in return.

ACTION ITEM (Kaylee): Engage

ACTION ITEM (Joseph): Forward this email

New Business

Annual Swag Items for Board Members

In March, we voted to stop paying for dinner at board meetings. We discussed the idea of paying for an RRC swag item for each board member each year instead. We decided to defer further discussion and a vote to the next meeting.

ACTION ITEM (Joseph): Carry over to next month

Distributing Rabbit Merch

Chris update: Items arrived 4/15. All have been contacted. We do have quite a bit of items left over. I will get an itemized count so we can post on website for second chance with remaining inventory.

Sell excess at races and as a thank you to sponsors. We can do another order if we get enough demand.

Other / Parking Lot

Reference

Subcommittees

Cyberforce (Communication) Soldiers:

- Kaylee Arndt
- Joseph!
- Derek Pape
- Laura Brady
- Chris Aakre

Inclusion (Social events/DEI)

- Sergio Gradilone
- Dale Pfrimmer (external)
- Rick Fishbune
- Nate Johnson

Sponsorship

- Shannon Strickland
- Sergio Gradilone
- Laura Brady
- Derek Pape

Volunteerism

- Rylee Kopchak
- Leah Speltz
- Laura Brady

SMTR

- Meaghan Lieburn
- Zach Gascho
- Jeremy McJunkin
- Sophia McDonnel
- Rylee Kopchak