



RRC Board Meeting — July 2026

Date: 07/20/2026 | **Start:** 7:00 PM | **Adjourned:** 8:33 PM | **Location:** Centerstone Hotel | **Next:**

Roll Call

Present: Nate Johnson, Rylee Kopchak, Sophia McDonnell, Leah Speltz, Shannon Strickland, Joseph Barr, Kaylee Arndt, Derek Pape, Rick Fishbune, Mike DeBolt, Laura Brady, Chris Aakre, Sergio Gradilone

Absent:

Guests: Jeffery O'Neill, Tonya Dunn

Called to order at: 7:05 PM

Consent Agenda

- Last month's minutes: None
- Treasurer's report:  2026-7-14 Treasurers Report.pdf

M:

S:

Approved:

Guest Business

Jeffery O'Neill: Sponsoring HHR Post-Race

On behalf of Stretch Zone

Logo is in email

Plan is to have a table with information at HHR (but no hands-on service or anything)

May or may not have discount available

Jeff will connect manager with Kaylee to coordinate social post

Race Director Updates

Polar Bear Prediction Race

- Registration is open
- We need to order beanies!
 - Red
- From TerraLoco next year

Spring Classic

Keep the Half, or return to 15K?

Women's 4 Mile

- Registrations way down at this point
- Little Thistle added a 5K on the same day
- Towels are available for demo in the Shed
- More email marketing?
- Tonya picking up TruFru samples for races
- People's Food Co Op providing cookbooks to raffle off
- Food: We're going to have apples, TruFru, cookies, Bubblr, popcorn

Rescheduling in 2027 and Beyond

I think we might need to move this event up a bit. Possibly the weekend before Grandma's Marathon? I feel like the heat is going to be an issue again this year.

ACTION ITEM (Joseph): Revisit this item at a later date

Healthy Human Race

- 100 pairs of Goodrs ordered on 20% discount; 1 of each 5 colorways given to Kaylee for social media
- Action Item: Tonya will talk to Brock this week about getting sponsorship money from MN Treads
- 86 half registrants so far
- Half marathon runners get Goodrs, relay and 5k get sling bag

- Medals have to be ordered by August 1st
 - Order how many?
 - 300
- RRCA also provides medals for first overall in age group

Essex

Reggie Oeltjen Douglas Trail Race

20 registrants so far

- Its the 50th running!
 - Give Reggie's daughter a free entry
 - Tonya will add "50th Anniversary" to the back of the swag cups

Go for the Gold

General Race Director Items

I also received some feedback that our events are too expensive. This person also stated that there is a group of people that do not like the way the RRC has changed in the last year. I think we need to discuss this.

- We should have a panel/Q&A for budgetary concerns at next year's banquet
 - In addition to members survey
 - Annual meeting needs to be more serious, explain financial decisions, and how we manage volunteers etc.
- Do we have too many races and events?
- RRC Stickers
 - We have a bunch of RRC logo stickers and about 100 women's race stickers

ACTION ITEM (Laura): Reach out to Evin Haukos to coordinate on booth for Twin Cities Marathon expo

ACTION ITEM (Leah): Print race flyers on Kaylee's cardstock

Should we pay more to advertise our races?

Santas on the Run

RRC will donate two entries to the LPMR silent auction

Board Teams

SMTR

- 07/25 starts from Silver Lake (unofficially)
 - SMTR will start at 7:00 at Silver Lake East shelter
 - Water stops on the course will be available to anyone

Volunteerism

SMTR Aid Station Volunteers

- Tonya put more Tailwind in the Shed
- ACTION ITEM (Kaylee): Bring Tailwind to packet pickup when Tonya is there 3-6 on Friday

Sponsorship

- Still have to do Tailwind sampling event; probably at Reggie (provides greater access than Women's race)
- Reached out to Little Thistle, Thesis, and LTS
 - And have not heard back from anyone

Inclusion

Memberships discount for 65+ (or retired), college students or <21 (Sergio)

 Retired and Legacy Service Membership Categories-1.pdf

Ideas:

- Legacy members after so many years of paying you're just a member for life
- ACTION ITEM (Rick): Compose data about how much money we would stand to lose with a senior discount
- ACTION ITEM (Joseph): Compose data for age distribution of membership

Cyberforce

New Business

Excess Rabbit Shirts

Inventory from Chris:

- W Speedezz tank: XS (3), M (2), L (3)
- W Runtee: M (3), L (4)
- W Crop: XS (4), S (1), M (1)
- M Speedezz tank: S (2), L (1), XL (1)
- M Runtee: S (3), M (1), XL (1)

Chris will look up how much they cost, and drop them off to Tonya at packet pickup on Friday

Other / Parking Lot

Reference

Subcommittees

Cyberforce (Communication) Soldiers:

- Kaylee Arndt
- Joseph!
- Derek Pape
- Laura Brady
- Chris Aakre

Inclusion (Social events/DEI)

- Sergio Gradilone
- Dale Pfrimmer (external)
- Rick Fishbune
- Nate Johnson

Sponsorship

- Shannon Strickland
- Sergio Gradilone
- Laura Brady
- Derek Pape

Volunteerism

- Rylee Kopchak
- Leah Speltz
- Laura Brady

SMTR

- Meaghan Lieburn
- Zach Gascho
- Jeremy McJunkin
- Sophia McDonnel
- Rylee Kopchak